

Day-O

拍数: 32 墙数: 4 级数: Beginner
编舞者: Derrick Goh (SG)
音乐: Day Oh - Shaggy



RIGHT BACK-ROCK, RECOVER FORWARD, RIGHT SHUFFLE-FORWARD, STEP-FORWARD, TOGETHER, FORWARD, TOGETHER

1-2 Step back on right, recover weight forward on left
3&4 Step forward on right, step left beside right, step forward on right
5-8 Step forward on left, step right beside left, step forward on left, step right beside left

KNEE-SWAYS RIGHT, LEFT, RIGHT, LEFT, SIDE-TOUCH, STEP TOGETHER RIGHT AND LEFT

1-4 Push both knees to right side, left side, right side, left side
5-6 Touch right toe to right side, step right beside left
7-8 Touch left toe to left side, step left beside right

STEP FORWARD, PIVOT HALF-TURN LEFT, SHUFFLE DIAGONALLY FORWARD RIGHT AND LEFT, RIGHT SIDE-ROCK, RECOVER

1-2 Step forward on right, pivot half-turn left
3&4 Step right to right diagonal, step left beside right, step right to right diagonal
5&6 Step left to left diagonal, step right beside left, step left to left diagonal
7-8 Rock right to right side, recover weight on left

RIGHT CROSS-ROCK, RECOVER, RIGHT SIDE-SHUFFLE, LEFT CROSS-ROCK, RECOVER, QUARTER-TURN LEFT WITH SIDE-SHUFFLE

1-2 Cross right over left, recover weight on left
3&4 Step right to right side, step left beside right, step right to right side
5-6 Cross left over right, recover weight on right
7&8 Quarter-turn left stepping left to left side, step right beside left, step left to left side

REPEAT
