

D.A.R.E. To Mambo

COPPER **KNOB**
BY STEPHENETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Forty Arroyo (USA)
音乐: Live, Laugh, Love - Clay Walker



Dedicated to all the folks who donate their time and effort, selflessly, to the Drug Abuse Resistance Education Program - Rockland County.

MAMBO STEPS TO RIGHT, LEFT, FORWARD RIGHT AND FORWARD LEFT

1&2 Step right, step in place with left, step right next to left
3&4 Step left, step in place with right, step left next to right
5&6 Step forward with right, step in place with left, step right next to left
7&8 Step forward with left, step in place with right, step left next to right

TOUCH BACK, PIVOT ½ TURN RIGHT, MAMBO STEP FORWARD, RIGHT AND LEFT

1-2 Touch right toes behind left heel, pivot on ball of left foot ½ to right
3&4 Step forward with left, step in place with right, step left next to right
5&6 Step right, step in place with left, step right next to left
7&8 Step left, step in place with right, step left next to right

TOUCH BACK, PIVOT ½ TURN RIGHT, 3 STEP LEFT & RIGHT JAZZ BOX, CROSS LEFT OVER RIGHT 2X

1-2 Touch right toes behind left heel, pivot on ball of left foot ½ to right
3&4 Cross left over right, step back slightly on right, step left next to right
5&6 Cross right over left, step back slightly on left, step right next to left
7&8 Cross left over right, step right, cross left over right (this is not a crossing shuffle)

CROSS RIGHT OVER LEFT, HOLD, SHUFFLE TO LEFT, RIGHT COASTER STEP, ROCK STEP LEFT

1-2 Cross right over left, hold
3&4 Shuffle left, left, right, left
5&6 Step back on right, step left together, step forward on right
7-8 Rock left onto left, rock right onto right

SHUFFLE LEFT-RIGHT-LEFT, LEFT POINT RIGHT TOES, STEP IN PLACE ½ (REPEAT), HOLD

1&2 Leading with your left hip & body facing 3:00, shuffle left-right-left (traveling toward original wall)
3-4 Pivot ½ to left on ball of left & point right toes to right (facing 9:00), twist to right on balls of both feet pointing right toes to 2:00
5-8 Repeat steps 1 thru 3, hold

CHASSE' HOLD, CHASSE' 2X, TOUCH BACK, PIVOT ½ RIGHT, PADDLE ¼ RIGHT, STEP ¼ RIGHT

&1-2 Step right next to left, step left, hold
&3&4 Step right next to left, step left, step right next to left, step left
5-6 Touch right toes slightly behind left heel, pivot on left foot ½ to right
7-8 Step on ball of left and turn ¼ right, step left next to right while turning ¼ right

REPEAT