

Dancing 2000

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK)
音乐: Pizziricco - The Mavericks



2X PADDLE STEPS ¼ TURN LEFT, ROCK, ROCK, TRIPLE STEP ½ TURN RIGHT

1-2 Step forward on right foot, pivot ¼ turn left
3-4 Step forward on right foot, pivot ¼ turn left
5-6 Rock forward on right foot, rock back on left foot
7&8 Triple step on the spot making ½ turn right stepping, right, left, right

WEAVE RIGHT, CROSS/ROCK, ROCK, TRIPLE STEP

1-2 Cross left foot over right, step right foot to right side
3-4 Cross left foot behind right, step right foot to right side
5-6 Rock forward left foot over right, rock back on right foot
7&8 Triple step on the spot stepping, left, right, left

WEAVE LEFT, ROCK, ROCK, LOCK STEP BACK

1-2 Cross right foot over left, step left foot to left side
3-4 Cross right foot behind left, step left foot to left side
5-6 Rock forward on right foot (pushing hips forward), rock back on left foot
7-8 Step back on right foot, lock left foot over right, step back on right foot

STEP BACK, HOOK, RIGHT SHUFFLE FORWARD, STEP, PIVOT ¼ TURN RIGHT, CROSS SHUFFLE

1-2 Step back on left foot, hook right heel across left knee
3&4 Right shuffle forward stepping, right, left, right
5-6 Step forward on left foot, pivot ¼ turn right
7&8 Cross left foot over right, step right foot to right side, cross left foot over right

SIDE STEP, HOLD, CROSS/ROCK, ROCK, (REPEAT)

1-2 Long step right foot to right side, hold for 1 count
3-4 Rock forward left foot over right, rock back on right foot
5-6 Long step left foot to left side, hold for 1 count
7-8 Rock back right foot behind left, rock forward on left foot

TOUCH OUT, DRAG WITH TOUCH, SHUFFLE FORWARD, (REPEAT)

1-2 Touch right toe out to right side, drag/slide right foot next to left ending with a touch
3&4 Right shuffle forward stepping, right, left, right
5-6 Touch left toe out to left side, drag/slide left foot next to right ending with a touch
7&8 Left shuffle forward stepping, left, right left

Optional styling (counts 1-2,5-6)

1-2 Extend right arm down right leg, draw arm up leg
5-6 Extend left arm down left leg, draw arm up leg

JAZZ BOX ½ TURN RIGHT, HIP SWAYS

1-2 Cross right foot over left, step back on left foot
3-4 Step right foot forward making ½ turn right, step left foot next to right
5-6 Sway hips left, sway hips right
7&8 Sway hips left, sway hips right, sway hips left

ROCK STEPS, STEP FORWARD, HOLD, LEFT SHUFFLE FORWARD

- 1-2 Rock forward on right foot, rock back on left foot
- 3-4 Rock back on right foot, rock forward on left foot
- 5-6 Step forward on right foot, hold for 1 count (spreading arms down and out to each side)
- 7&8 Left shuffle forward stepping, left, right, left

REPEAT
