

Dancin' Shoes

拍数: 48 墙数: 4 级数: Beginner
编舞者: Levi J. Hubbard (USA)
音乐: Dancin' Shoes - Ronnie McDowell



Begin dance after Ronnie sings 1,2,3,4

SIDE STEP, SLIDE TOGETHER, STEP STEP, SLIDE TOGETHER

- 1 Right - step to side
- 2 Left - slide together
- 3 Right - step to side
- 4 Left - slide together (end with a touch)

Turn body diagonally to the right during counts 1-4

- 5 Left - step to side
- 6 Right - slide together
- 7 Left - step to side
- 8 Right - slide together (end with a touch)

Turn body diagonally to the left during counts 5-8

FORWARD ROCK-RECOVER, BACK ROCK-RECOVER, VINE (RIGHT), ¼ TURN (LEFT), HITCH

- 9 Right - step (rock) forward, while slightly lifting left foot off floor
- 10 Left - lower foot back to floor (recover)
- 11 Right - step (rock) backwards, while slightly lifting left foot off floor
- 12 Left - lower foot back to floor (recover)
- 13 Right - step to side
- 14 Left - cross step behind right foot
- 15 Right - step to side
- 16 Left - hitch knee up & pivot ¼ turn left on (ball of) right foot

Variation: some dances do (2) ½ pivot turns left, during counts 9-12

GRAPEVINES (LEFT AND RIGHT)

- 17 Left - step to side
- 18 Right - cross step behind left foot
- 19 Left - step to side
- 20 Right - touch together
- 21 Right - step to side
- 22 Left - cross step behind right foot
- 23 Right - step to side
- 24 Left - touch together

HEEL TOUCH, CROSS TOUCH, HEEL TOUCH, BEHIND TOUCH, STEP HITCH & SCOOT, STEP BACKWARDS, STEP TOGETHER

- 25 Left - touch heel forward
- 26 Left - cross touch toe in front of right foot
- 27 Left - touch heel forward
- 28 Left - touch toe backwards
- 29 Left - step forward
- 30& Right - hitch knee up & scoot slightly forward on left foot
- 31 Right - step backward
- 32 Left - step together

HEEL TOUCH, CROSS TOUCH, HEEL TOUCH, BEHIND TOUCH, STEP HITCH & SCOOT, STEP BACKWARDS, TOUCH TOGETHER

- 33 Right - touch heel forward
- 34 Right - cross touch toe in front of left foot
- 35 Right - touch heel forward
- 36 Right - touch toe backwards
- 37 Right - step forward
- 38& Left - hitch knee up & scoot slightly forward on right foot
- 39 Left - step backwards
- 40 Right - touch toe together

STEP FORWARD, SCUFF, STEP FORWARD, SCUFF, STEP BACKWARDS, STEP TOGETHER HEEL SWIVELS

- 41 Right - step forward
- 42 Left - scuff forward
- 43 Left - step forward
- 44 Right - scuff forward
- 45 Right - step backwards
- 46 Left - step together
- &47 Swivel heels to the left & back to center
- &48 Swivel heels to the left & back to center

REPEAT

Variation: some dancers do (2) ½ pivot turns (left) on counts 9-12
