Dancin' Machine



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Gloria Johnson (USA) 音乐: You Lied to Me - Tracy Byrd



JAZZ SQUARE

Cross right foot over left
 Step back on left foot

3 Step right foot out to right side4 Step left foot next to right

STEP, SLIDE

5 Step right foot towards 1:00 o'clock

6 Slide left next to right

7 Step left foot towards 11:00 o'clock

8 Slide right foot next to left

JAZZ SQUARE

9 Cross right foot over left 10 Step back on left foot

11 Step right foot out to right side 12 Step left foot next to right

SAILOR SHUFFLES (BACK)

Exaggerate your motions here, especially on the first step. Swing that leg way out on the first step of the shuffle which will force you to lean in the opposite direction

13&14 Shuffle back on right, left, right 15&16 Shuffle back on left, right, left

17-20 Repeat steps 13-16

STEP, SLIDE, & TURN

21-22 Step forward on right foot, slide left foot next to right

Step forward on right foot
Turn ½ turn to the left

CURLY SHUFFLE

25-27 Hop back three times on right foot (with left foot slightly off floor and body leaning forward)

and touch toe of left foot behind the right foot on each hop (this will help you keep your

balance)

& Drop back on left foot28 Kick right foot out in front

STEP, SLIDE & TURN

29 Step right foot down slightly in front of left

30 Slide left foot next to right 31 Step forward on right foot & Turn ¼ turn to the left

32 Step left foot next to right (changing weight to left foot)

REPEAT

