

Dancin' Machine

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Gloria Johnson (USA)
音乐: You Lied to Me - Tracy Byrd



JAZZ SQUARE

- 1 Cross right foot over left
- 2 Step back on left foot
- 3 Step right foot out to right side
- 4 Step left foot next to right

STEP, SLIDE

- 5 Step right foot towards 1:00 o'clock
- 6 Slide left next to right
- 7 Step left foot towards 11:00 o'clock
- 8 Slide right foot next to left

JAZZ SQUARE

- 9 Cross right foot over left
- 10 Step back on left foot
- 11 Step right foot out to right side
- 12 Step left foot next to right

SAILOR SHUFFLES (BACK)

Exaggerate your motions here, especially on the first step. Swing that leg way out on the first step of the shuffle which will force you to lean in the opposite direction

- 13&14 Shuffle back on right, left, right
- 15&16 Shuffle back on left, right, left

- 17-20 Repeat steps 13-16

STEP, SLIDE, & TURN

- 21-22 Step forward on right foot, slide left foot next to right
- 23 Step forward on right foot
- 24 Turn ½ turn to the left

CURLY SHUFFLE

- 25-27 Hop back three times on right foot (with left foot slightly off floor and body leaning forward) and touch toe of left foot behind the right foot on each hop (this will help you keep your balance)
- & Drop back on left foot
- 28 Kick right foot out in front

STEP, SLIDE & TURN

- 29 Step right foot down slightly in front of left
- 30 Slide left foot next to right
- 31 Step forward on right foot
- & Turn ¼ turn to the left
- 32 Step left foot next to right (changing weight to left foot)

REPEAT

