

Dancin' La Vida Loca

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数:
编舞者: Lynn Miller (UK) & Stewart Gibbs (UK)
音乐: Livin' la Vida Loca - Ricky Martin



GRAPEVINE LEFT & TOUCH, GRAPEVINE RIGHT & TOUCH

1-4 Step left to left side, right behind left. Step left to left side, right toe touch
5-8 Step right to right side, left behind right. Step right to right side, left to touch

HEEL PIVOT $\frac{1}{4}$ TURN LEFT WITH TOE TOUCH. FULL MONTEREY TURN

1-2 Left heel pivot $\frac{1}{4}$ turn over left shoulder, right toe touch beside left
3-6 Touch right to right side on ball of foot, pivot $\frac{1}{2}$ turn right, stepping right beside left. Touch right to right side on ball of foot, pivot $\frac{1}{2}$ turn right, stepping right beside left

2X RIGHT TOE TOUCHES AND RIGHT GRAPEVINE, 2 LEFT TOE TOUCHES, LEFT GRAPEVINE

1-4 Step right to right side, return to side, step right to right side, return to side
5-8 Step right to right side, left behind right. Right to right side, left touch
9-12 Step left to left side, return to side, step left to left side, return to side
13-16 Step left to left side, right behind left. Left to left side, right touch

PIVOT $\frac{1}{4}$ TURN RIGHT, TOE TOUCH AND JAZZ BOX (SLOW)

1-2 Pivot $\frac{1}{4}$ turn over right shoulder. Right toe touch
3-6 Cross step left over right. Step right back. Step left to left side. Step right beside left

SHUFFLE FORWARD, LOCK STEP (TWICE)

1&2 Shuffle forward on right, lock left behind right
3&4 Shuffle forward on left, lock right behind left

MONTEREY TURN $\frac{1}{2}$ TURN, $\frac{1}{4}$ TURN RIGHT (MAKING $\frac{3}{4}$ TURN IN ALL)

1-3 Touch right to right side on ball of foot, pivot $\frac{1}{4}$ turn over right shoulder, left to left step left beside right

SYNCOPATED VINE, KNEE HITCH, $\frac{1}{4}$ TURN, KNEE POPS

1-4 Step left to left side, cross right over left. Left to left side, right behind left
5-8 Left to left side, cross right over left. Left to left side, right behind left
9-10 Pivot on right foot over left shoulder $\frac{1}{4}$ turn. Toe touch with knee hook 11-14(optional) knee pops x 4 starting with right knee

REPEAT