

Dancing In Short Skirts

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Gill Knight (UK)
音乐: Man! I Feel Like a Woman! - Shania Twain



MONTEREY ½ TURN RIGHT, CROSS ROCK RONDE ½ TURN RIGHT

1-2 Touch right to right side, ½ turn right on ball of left foot closing right to left
3-4 Touch left to left side, close left to right
5-6 Cross rock right over left, replace onto left
7-8 Ronde right crossing right behind left, unwind ½ turn right ending on left foot right knee bent

HITCH ROCK & TURN

9&10 Hitch right, rock right to right side, replace onto left
11-12 Cross right over left, step left to left side
13-14 Cross right behind left, step forward left making ¼ turn left
15-16 Step right to right side having made ¼ turn left, step left to left side having made ½ turn left

HEEL & TOE SLIDE, STOMP TWICE, RONDE UNWIND ½ TURN LEFT, STOMP TWICE

17&18& Touch right heel forward, slide left slightly right, touch right toe back, slide left slightly right
19&20 Step right forward, stomp left beside right twice (without weight)
21-22 Ronde left to cross behind right
23&24 Unwind ½ turn left (weight on left), stomp right twice (without weight)

CROSS RIGHT & SHIMMY, TURN ¼ LEFT & SHUFFLE FORWARD, PIVOT ½ TURN LEFT

25-28 Cross right over left, hold, shimmy 2 beats
29&30 ¼ turn step forward left, close right beside left (3rd position), step forward left
31-32 Step forward right, pivot ½ turn left step left

CROSS ROCK TURNING RONDE CHA ½ RIGHT, HEEL & TOE SLIDE, STOMP TWICE

33-34 Cross rock right over left, replace onto left
35& Ronde right to step right crossed behind left, ¼ turn right step left
36 ¼ turn right step right crossed over left
37&38& Touch left heel forward, slide right slightly left, touch left toe back, slide right slightly left
39-40 Step left forward, stomp right beside left twice (without weight)

HEEL, REPLACE TURN ¼ RIGHT, SIDE ROCK REPLACE CLOSE, REPEAT

41&42 Touch right heel forward, replace onto left, ¼ turn right step right side
43&44 Rock side left, replace onto right, close left to right
45-48 Repeat steps 41-44

HEEL, REPLACE TURN ¼ RIGHT, SIDE ROCK REPLACE CLOSE, REPEAT

49-56 Repeat steps 33-40

RIGHT & LEFT SAILOR STEPS, CROSS UNWIND ½ TURN RIGHT, SIDE & STOMP TWICE

57&58 Cross step right behind left, step left to left side, replace onto right
59&60 Cross step left behind right, step right to right side, replace onto left
61-62 Cross right behind left, unwind ½ turn right (weight on right),
63&64 Step left to left side, stomp right beside left twice (without weight)

REPEAT

