Dancing Hearts (P)



拍数: 48 墙数: 0 级数: Partner

编舞者: Ann Williams (UK)

音乐: Their Hearts Are Dancing - The Forester Sisters



Position: Start in Right Side by Side Position (Sweetheart) Dedicated to Ann & Eddie, their support and loyalty

TWINKLES MOVING FORWARD

1-2-3 Step and cross left over right, step right forward, step left beside right 4-5-6 Step and cross right over left, step left forward, step right beside left

LADY TURNS TO FACE, BACK AWAY

1-2-3 **MAN:** Step in place on left, right, left

LADY: Step forward on left, right, left making ½ turn left to face man

Raise right hands over lady's head into crossed hands in front, right on top

4-5-6 Small steps away from partner on right, left, right

MAN: ¼ TURN, LADY: ¾ TURN, BOTH ¾ TURN, RELEASE RIGHT HANDS, RAISE LEFT

1-2-3 MAN: Step left forward, step right forward making ¼ turn left to face OLOD, step left beside

right

LADY: Step left forward making ¼ turn right, pivot on ball of left, step onto right making ½

turn right, step left forward

Lady turns under raised left hands to end facing ILOD, on mans left side

4-5-6 MAN: Step right forward making ¼ turn left, step onto left making ¼ turn left, step onto right

making ¼ turn left

LADY: Step forward on right making 1/4 turn right, step left back, pivot on ball of left, step onto

right making ½ turn right

Joined hands pass over lady's head, rejoin right hands in right side by side position Option: lady step forward on right, step left forward making ¼ turn left, step right forward

BASIC PATTERN FORWARD

1-2-3 Step left forward, step right beside left, step left beside right 4-5-6 Step right forward, step left beside right, step right beside left

ROCK, RECOVER, 1/4 TURN, CROSS, BEHIND, SIDE

1-2-3 Step and rock forward onto left, recover onto right, turn ½ turn left stepping left to side

Release left hands, raise right over lady's head and lower behind mans back, rejoin left behind

4-5-6 Step and cross right over left, step left to the side, step and cross right behind left

1/4 TURN, STEP, PIVOT, FORWARD

1-2-3 Step to side making ¼ turn left, step right forward making ½ turn left, step left forward

Release right hands, raise left over lady's head, rejoin right in right side by side position

4-5-6 Step right forward, step left beside right, step right beside left

CROSS, TOUCH, SWIVEL, CROSS, TOUCH, SWIVEL

1-2-3 Step and cross left over right, touch right toe out to side, swivel body slightly to left 4-5-6 Step and cross right over left, touch left toe out to side, swivel body slightly to right

MAN: FORWARD, LADY: FULL TURN, FORWARD

1-2-3 **MAN:** Walk forward on left, right, left

LADY: Step forward on left, right, left making a full turn left

Release left hands, raise right, after turn rejoin left hands in right side by side position

REPEAT