

# Do The Dolphin

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Claire Gent (CAN)  
音乐: No News - Lonestar



## SOFT SHOE STEP, SHUFFLE ½ TURN RIGHT, ROCKS

- 1            Right toe step right while lifting left foot
- &            Left step down
- 2            Right toe step beside left while lifting left foot
- &            Left step down
- 3-4          Right step right, left step behind right
- 5&6        ½ turn shuffle right (right-left-right)
- 7-8        Left toe rock step left (dip left shoulder left), right rock center in place (come upright)

## DOLPHINS LEFT, SHUFFLE ½ TURN LEFT, RIGHT KNEE TAP, RIGHT HEEL TOUCH FORWARD

- 1&2        (Dolphin) left toe step left(dip shoulder left ), right step together (come upright), left toe touch left
- 3&4        Repeat above dolphin
- 5&6        Shuffle ½ turn left (left-right-left)
- 7-8        Lift right knee and slap knee with right hand, right heel touch forward (toe pointed up)

## RIGHT TOE FANS, COASTER STEP, SHUFFLE LEFT, COASTER WITH ¼ TURN RIGHT

- 1&2        Right toe fan right, right toe fan left, right toe fan right
- 3&4        Coaster step right-left-right (right step back, left step beside right, right step forward)
- 5&6        Shuffle left (left-right-left)
- 7&8        Modified coaster step (right step back turning foot ¼ right, left step together, right step forward)

## SHUFFLE, OUT OUT TOUCH, ROCK STEPS, RIGHT STOMP, STOMP, STOMP DOWN

- 1&2        Shuffle forward (left-right-left)
- &3-4       Right step out right, left step out left, right touch to left instep
- 5-6        Right rock back, left rock center
- 7&8        Right stomp center, right stomp slightly forward, right stomp down a little farther forward (weight right )

## LEFT TOE HEEL TOUCHES, SHUFFLE LEFT, RIGHT TOE HEEL TOUCHES & SHUFFLE RIGHT

- 1-2        Left toe touch back, left heel touch forward
- 3&4        Shuffle left (left-right-left)
- 5-6        Right toe touch back, right heel touch forward
- 7&8        Shuffle right (right-left-right)

## ROMPS DIAGONALLY, KICK BALL CHANGE, STOMP, HOOK

- &1        Left step diagonal back left, right heel touch diagonally forward right
- &2        Right step together, left step together
- &3        Right step diagonal. Back right, left heel touch diagonally forward left
- &4        Left step together, right toe touch left instep
- 5&6       Right kick ball change (right kick forward, right toe step together, left step together)
- 7-8       Right stomp forward (weight left ) right hook over left shin

**REPEAT**