

# Do The Dance

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 2      级数:  
编舞者: Lisa Capitanelli (USA)  
音乐: Do The Dance - Lisa Capitanelli



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## MOVING RIGHT-STEP RIGHT, LEFT TOGETHER TWICE, STEP RIGHT, TOUCH LEFT, CLAP, REPEAT MOVING LEFT

- 1&            Step to right on right foot, step left foot next to right
- 2&            Step to right on right foot, step left foot next to right
- 3-4           Step to right on right foot, touch left foot next to right foot and clap
- 5&            Step to left on left foot, step right foot next to left
- 6&            Step to left on left foot, step right foot next to left
- 7-8           Step to left on left foot, touch right foot next to left foot and clap

## STEP BACK & ROCK BACKWARD, FORWARD, BACKWARD, FORWARD

Keep your hands in the air for the next 8 counts

- 1-2            Rock back on right, rock forward on left
- 3-4            Rock forward on right, rock back on left
- 5-6            Rock back on right, rock forward on left
- 7-8            Rock forward on right, rock back on left

## HIPS TO RIGHT 3X, CLAP, HIPS TO LEFT 3X, CLAP

- 1-4            Step right foot beside left (comfortable width apart) and shake your hips to the right three times, clap on 4th count
- 5-8            Shake your hips to the left three times, clap on 4th count

## HIPS RIGHT, LEFT, RIGHT, LEFT, STEP FORWARD RIGHT, ½ TURN, STEP RIGHT TO LEFT, CLAP

- 1-4            Shake your hips to the right, left, right, left
- 5-6            Step forward on right foot, pivot ½ turn left on balls of your feet
- 7-8            Step right foot next to left, clap

**REPEAT**

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