

Do The C&N Funky Somethin'

COPPERKNOB
BY STEPHENETS

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Do The Funky Somethin' - Rufus Thomas



RIGHT STEP-SLIDE LEFT, RIGHT STEP-TOUCH LEFT; LEFT STEP-SLIDE RIGHT, LEFT STEP-TOUCH RIGHT

1-4 Step right to right side, slide left next to right, step right to right, touch left next to right

5-8 Step left to left side, slide right next to left, step left to left, touch right next to left

Hands should be on your hips when executing steps 1-8. Also, when stepping right lower right shoulder and raise left shoulder. When stepping left lower your left shoulder and raise right shoulder.

FUNKY WALK BACK: RIGHT LEFT, RIGHT LEFT; RIGHT SHUFFLE FORWARD, TOUCH, ½-TURN LEFT

1-2 Step back on right, bending knees, rolling shoulders forward and hands in, step back on left, straightening knees, rolling shoulders back and hands out

3-4 Repeat above steps

These are similar to the "tootsie roll"

5&6 Step right forward, step ball of left next to right, step right forward

7-8 Touch left behind right, turn one-half (½) to left

ROCK FORWARD, SYNCOPATED ROCK STEP, TWIST TWIST, SYNCOPATED ROCK STEP

1-2 Rock forward on right, recover weight on left

3&4 Rock back on right, recover weight to left, rock forward on right

5-6 On balls of both feet, twist heels to right and back to center (weight on left)

7&8 Rock back on right, recover weight to left, stomp right forward

STEP LEFT FORWARD, PIVOT ¼ TO RIGHT, STEP LEFT RIGHT; WALK FUNKY (LEFT-RIGHT-LEFT-RIGHT)

1-2 Step left forward, pivot one-fourth (¼) to right, shifting weight to right

3-4 Step left and right in place (3, 4)

5-8 Step forward (or back) left, right, left, touch right

Do this funky, rolling knees and knocking knees together as you walk. Optionally you could flap your elbows.

Variation:

&5 Hitch left & step in front of right

&6 Hitch right & step in front on left

&7 Hitch left & step in front of right

&8 Hitch right & touch next to left

QUICK STEP, LONG STEP RIGHT, SLIDE LEFT TO RIGHT, TAP LEFT, TAP RIGHT, CROSS, HOLD

1-2 Long step on right to right, drag left to right

3-4 Tap left heel twice, shifting weight to left on last tap

5-6 Tap right heel twice, shifting weight to right on last tap

&7-8 Quick step back on left, cross right over left, hold

TURN ONE-HALF LEFT, HOLD, HIP & HIP WITH ¼-TURN, STEP PULL, STEP PULL

1-2 Pivot one-half to left on balls of both feet (unwind), hold

&3&4 Bumps hips right-left-right-left, pivoting one-fourth (¼) to right on beat 4

Your right foot should be pointing forward, weight on left, hands on side of right hip, following hip motion

5 Step right forward (reaching out with both arms with hands in fist as if going to pull rope)

6 Pull left foot up next to right (pulling both arms back, pulling the rope back)

7-8 Repeat step, pull

REPEAT
