

# Do Something

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Sobrielo Philip Gene (SG)  
音乐: Do Somethin' - Britney Spears



## **JUMP BACK, HANDS MOVEMENT, TOUCH, ¼ TURN, HANDS MOVEMENT**

- 1            Jump back on both feet (feet apart)
- 2            Swing and cross hand over each other above head (fists clenched)
- 3            Swing and punch hands down to respective sides
- 4            Touch right beside left
- 5            With right elbow bent, elbow right to right (chest level)
- 6            On ball of left, twist feet ¼ turn left
- 7-8        Stretch right hand back, bring hands back to bent position (chest level)

## **KICK ¼ TURN POINT, BEHIND SIDE CROSS, ¼ TURN, POINT, HIP BUMPS**

- 1&2        Kick right forward, making ¼ turn right step right to right, step left to left
- 3&4        Cross right behind left, step left to left, cross right over left
- 5-6        Making ¼ turn left step left forward, point right to right
- 7            Hip bump left (swing right hand across body to left side and look left) (right still pointing)
- 8            Hip bump right (swing right hand back to right side and look right)(right still pointing)

**Optional hand movement: 7-8 it's like you are cracking a whip. There is a strong beat every time you do counts 7-8**

## **KICK POINT BACK, ½ TURN STEP, HEAD ROLL, HIP ROLL**

- 1&2        Kick right forward, step right beside left point left back
- 3-4        Make ½ left transferring weight from right to left, step right to right
- 5-6        Roll head to the left
- 7-8        Hip roll to the left

**When doing counts 5-8 you must feel you are doing a figure 8**

## **SAILOR STEP, SAILOR SLIDE, STEP, HANDS MOVEMENT, CHEST PUMPS**

- 1&2        Rock right back to left, recover weight onto left, step right to right
- 3&4        Rock left back of right, recover weight onto right, long slide left to left
- 5            Step right beside left
- 6            Using right hand put onto chest and left hand put onto stomach
- 7-8        Do 2 chest pumps (beat according to music)

## **REPEAT**

## **RESTART**

**On the 4th wall, do 16 counts of the dance and restart from the start (back wall)**