

Do Me Right

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Pepper Siquieros (USA)
音乐: Cryin' Game - Sara Evans



GRAPEVINE LEFT, SMOOTH SLIDE TO RIGHT

1-4 Step left, right behind left, step left, touch right next to left

JO THOMPSON'S SMOOTH SLIDE MOVE TO THE RIGHT:

5 Step to right on right foot
& While dragging left toe, right heel swivels to right
6& Right toe swivels to right, right heel swivels to right
7 Right toe swivels to right
&8 Step back onto left, step forward onto right

HEEL SWIVELS, MASH POTATO STEPS BACK

1 Step forward left with weight on balls of both feet
2 Swivel heels left turning body $\frac{1}{4}$ turn right
3 Swivel heels right turning body $\frac{1}{4}$ turn left
& Swivel heels left turning body $\frac{1}{4}$ turn right
4 Swivel heels right turning body $\frac{1}{4}$ turn left

Shift weight to right. You should be facing the starting wall

5-8 Mash potato steps back: step back left-right-left-right

STOMPS AND HOLDS, HEEL AND TOE AND HEEL, PIVOT $\frac{1}{4}$ LEFT

1-2 Stomp forward left, hold
&3 Stomp forward right, stomp forward left
4 Hold

5& Touch right heel forward, step right next to left
6& Touch left toe back, step left next to right
7 Touch right heel forward
8 Push off with right heel and pivot $\frac{1}{4}$ to left onto left

CROSS UNWIND, SMOOTH SLIDE RIGHT

1 Cross right over left
2-4 Unwind full turn left
Left leg ends up crossed over the right with weight on left
5-8 Smooth slide move to right (see steps 5-8 above)

TURN $\frac{1}{4}$ RIGHT, CROSS SHUFFLE RIGHT, SIDE ROCKS, TURNING RIGHT SAILOR STEP

1-2 Step forward left, pivot $\frac{1}{4}$ turn right onto right
3&4 Cross left over right, step to right, cross left over right
5 Step to right and rock onto right
6 Rock/shift weight back onto left

TURNING RIGHT SAILOR STEP:

7& Cross right behind left, step left onto left
8 Step right onto right while making $\frac{1}{4}$ turn right

REPEAT

