

Do It Now

拍数: 32 墙数: 4 级数: Beginner
编舞者: Chris Cleevely (UK)
音乐: I'm Your Man - Wham!



POINT, CROSS; POINT, CROSS; BACK, CROSS, BACK, SWEEP

1-2 Point to right side, cross right over left
3-4 Point to left side, cross left over right
5-6 Step back on right, cross left over right
7-8 Step back on right, sweep left to left side

WEAVE RIGHT; STEP ¼ TURN RIGHT; STEP, ½ TURN RIGHT

9-10 Cross left behind right, step right to right side
11-12 Cross left over right, step right to right side
13-14 Cross left behind right, step ¼ turn right
15-16 Step forward on left, pivot ½ turn right

LEFT TOE STRUT; RIGHT TOE STRUT; JAZZ BOX, STEP

17-18 Step left toes forward, drop heel
19-20 Step right toes forward, drop heel
21-22 Cross left over right, step back on right
23-24 Step left by right, step forward on right

ROCK LEFT, RECOVER; ROCK BACK, RECOVER; HIP BUMPS, TOUCH

25-26 Rock to left side, recover weight on right
27-28 Rock back on left, recover weight on right
29-30 Step left forward on diagonal bump hips left/right
31&32 Bump hips left, touch right by left & clap

REPEAT
