

Do It (Like I Did)

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数:
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音乐: Like I Did - Deborah Cox



RIGHT STEP SIDE WITH ELBOW, BACK ROCK, KNEE ROLLS, KICK BALL POINT ¼ TURN RIGHT

- 1 Right step to right side at same time, pushing right elbow sharply out to right side at chest level
- 2 Hold count
- 3 Left rock behind right
- & Right recover weight
- 4 Left step to left side
- 5 Roll right knee clock wise, one full circle
- 6 Roll right knee clock wise, one full circle
- 7 Kick right forward
- & Turning ¼ right, step right next to left
- 8 Point left out to left side

¼ TURN LEFT, STEP SLIDE AND FLICK TWICE AND, SYNCOPATED CROSS ROCKS

- 9 Turning ¼ left, step left forward, while sliding right foot back (like moon walk)
- 10 Lightly bounce on left and flick right foot up.
- 11 Step right forward, while sliding left foot back (like moon walk)
- 12 Lightly bounce on right and flick left foot up.
- 13 Left rock forward across in front of right
- & Right recover weight
- 14 Left step next to right
- 15 Right rock forward across in front of left
- & Left recover weight
- 16 Right step next to left

LEFT STEP ACROSS, ½ TURN RIGHT FEET APART, RIGHT STEP SIDE AND LEAN, TAP TAP STEP ¼ TURN RIGHT, KNEE LIFT, 3/8 TURN LEFT AND STEP

- 17 Left step across in front of right
- 18 Turn ½ right, end feet apart, weight on both feet
- 19 Sharply move (lean) upper torso only to right, weight over right foot
- & Left step next to right
- 20 Point right out to right side
- 21 Tap right toe, directly behind left
- & Tap right toe small step out to right side
- 22 Step right out to right side
- 23 Raising left knee up into figure 4, place left hand on inside of left knee
- 24 Turning 3/8 left on ball of right, while keeping left hand on inside of left knee, step on left forward

HEEL HOOK 1/8 TURN LEFT, STEP SWIVEL X'S 2, KICK BALL PRESS, BACK CLOSE ¼ TURN RIGHT

- 25 Releasing left hand, place right shin on back of left ankle, (heel hook)
- 26 Turn 1/8 left on left, still keeping (heel hook)
- & Step right, really small step back
- 27 Left step back, swiveling to right, releasing right toe to point up and rightward
- 28 Right step back, swiveling to left, releasing left toe to point up and leftward
- 29 Kick left back

- & Left step forward close to right
- 30 Right press forward with raised hips, arms push back to sides
- 31 Transferring weight forward to right, step left back
- & Turning $\frac{1}{4}$ right, right step to right side
- 32 Left step next to right

REPEAT
