

Do It

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Do What Ya Wanna Do - Back Door



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- 1 Step right foot to right side
2 Rock left foot behind right
3 Rock forward onto right foot
4 Step left foot diagonally forward
5-6 Sweep right foot round, ½ turn to left pivoting on ball of left foot
7-8 Step forward onto right foot, pivoting ½ turn to right on ball of right foot
- 9-10 Step left foot forward, turning ½ turn to right, step forward onto right foot, turning ½ turn to right
- You have done a complete full turn, moving forward**
- 11&12 Step forward on left foot, lock right foot behind left, step forward onto left
13-14 Rock forward onto right foot rock back onto left
15&16 Step right to right side ¼ turn step left beside right, step forward on right foot
- 17-18 Step forward on left foot pivot ½ turn to right
19&20 Step left forward, lock right behind step left foot forward
21-24 Point right toe to right side, touch beside left, touch to right side leaving right toe where it is
 turn ¼ turn to right (weight onto right foot)
- 25-28 Step forward on left beside right, step right foot forward step left beside right, pause
- Optional: two forward body rolls can be done without the pause**
- 29-30 Step forward onto left, pivot ½ turn to right
31&32 Step forward on left, lock right behind step forward on left

REPEAT
