

DJ Slide

拍数: 18 墙数: 4 级数: ultra Beginner
编舞者: Unknown
音乐: Help, I'm White And I Can't Get Down - The Geezinslaws



1-2-3-4	Touch right to side, touch right together, touch right to side, step right together
5-6-7-8	Touch left to side, touch left together, touch left to side, step left together
9-10	Touch right heel forward, touch right toe back
11-12	Step right forward, turn $\frac{1}{4}$ right and touch left to side
13-14	Cross left over right, touch right to side

MODIFIED JAZZ BOX TO THE LEFT

15-16-17-18 Cross right over left, step left back, step right together, hop both feet in place

REPEAT

OPTION 1

To avoid back injury or for style, some dancers will swing their heels apart slightly and click them together on Count 18

OPTION 2

Some dancers have modified this to include a repeat of counts 9 and 10, which increases the total counts to 20. Add these after count 10 above and count each one as one beat of music. Do not do this variation when you are in the middle of a group doing the 18 count version

10a: Touch right heel forward

10b: Touch right toe back

Option 3

SUBSTITUTE THE FOLLOWING FOR COUNTS 5-8:

5-6 Touch right heel forward, touch right heel forward

7-8 Touch right toe back, touch right toe back