

# Dizzy

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Jo Thompson Szymanski (USA)  
音乐: Dizzy - Scooter Lee



## ROCK, STEP, COASTER STEP, STEP, TURN ½, STEP, TURN ½

1-2            Rock right forward, recover to left  
3&4           Step right back, step left together, step right forward  
5-6           Step left forward, turn ½ right (weight to right)  
7-8           Step left forward, turn ½ right (weight to right)

## CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE

1-2            Cross left over right, step right to side  
3&4           Cross left behind right, rock right to side (with ball of right foot), step left slightly forward  
5-6           Cross right over left, step left to side  
7&8           Cross right behind left, rock left to side (with ball of left foot), step right slightly forward

## CROSS, SIDE, BACK SHUFFLE, ROCK BACK, FULL TURN LEFT TURN FORWARD

1-2            Cross left over right, step right to side  
3&4           Turn ¼ left and step left back, step right together, step left back  
5-6           Rock right back, recover to left

**Allow body to turn slightly right to prep for upcoming turn as you rock back**

7-8            Turn ½ left and step right back, turn ½ left and step left forward

**You will have done one full turn forward**

## SHUFFLE FORWARD, STEP, TURN ½, SHUFFLE FORWARD, STEP, TURN ½

1&2           Step right forward, step left together, step right forward  
3-4           Step left forward, turn ½ right (weight to right)  
5&6           Step left forward, step right together, step left forward  
7-8           Step right forward, turn ½ left (weight to left)

## REPEAT

**At the end of the song, you will have 2 extra beats. Stomp right, left in place to finish**