

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK)
音乐: Fresh Coat of Paint - Lee Roy Parnell



KICK, KICK, BALL-CROSS, STEP, HEEL BOUNCES (ON LEFT DIAGONAL) BALL-CROSS, STEP

1-2 Kick right foot forward twice
&3 Step slightly back on ball of right foot, cross left foot over right
4 Step right foot to right to right side
5-6 Bounce left heel twice (lean back right, angling body to left diagonal)
&7 Step slightly back on ball of left foot, cross right foot over left
8 Step left foot to left side

CROSS ROCK, ROCK, RIGHT CHASSE, CROSS ROCK, ROCK, LEFT CHASSE ¼ TURN

1-2 Rock right foot back behind left, rock forward on left foot
3&4 Step right foot to right side, step left foot next to right, step right foot to right side
5-6 Rock left foot forward over right, rock back on right foot
7&8 Step left foot to left side, step right foot next to left, step left foot ¼ turn left

CROSS, STEP BACK, SHUFFLE BACK ½ TURN RIGHT, LEFT SHUFFLE FORWARD STEP, PIVOT ½ TURN LEFT

1-2 Cross right foot over left, step back on left foot
3&4 Right shuffle back making ½ turn right stepping, right, left, right
5&6 Left shuffle forward stepping, left, right, left
7-8 Step forward on right foot, pivot ½ turn left

KICK-BALL-CHANGE, STOMP, STAMP, TOE FANS, LEFT COASTER STEP

1&2 Kick right foot forward, step down on ball of right foot

Change weight onto left foot

3-4 Stomp right foot forward, stamp left foot forward

Weight remains on right

5-6 Fan left toe to left side, fan left toe back to center

7&8 Step back on left foot, step right foot next to left, step forward on left foot

Styling note :count 5 (toe fan) turn head ¼ turn left touching brim of your hat with left hand, or a left arm movement as if hitching a ride then return face forward on count 6

REPEAT
