

Dixie Fried

拍数: 66 墙数: 4 级数: Intermediate
编舞者: John "Growler" Rowell (UK)
音乐: She's Going Home With Me - Travis Tritt



The 8 beat introduction is counted from the heavy beat, (18 sec.) just after Travis sings "Well I ..."

RIGHT HEEL-HOOK, HEEL-FLICK, RIGHT SHUFFLE, LEFT HEEL-HOOK, HEEL-FLICK, LEFT SHUFFLE

- 1& Touch right heel forward, hook right across left shin
Optional: slap right foot with left hand
2& Touch right heel forward, flick right out to right side
Optional: slap right foot with right hand
3&4 Step right forward, slide left to right, step right forward
5& Touch left heel forward, hook left across right shin
Optional: slap left foot with right hand
6& Touch left heel forward, flick left out to left side
Optional: slap left foot with left hand
7&8 Step left forward, slide right to left, step left forward

JAZZ BOX, JAZZ BOX WITH QUARTER TURN LEFT

- 9-10 Cross right over left, step back left
11-12 Step right next to left, step forward left
13-14 Step forward right, cross left over right
15-16 Step back right, (starting quarter turn left), step left to left (completing turn)

SIDE SWITCHES, DOUBLE-TIME SIDE SWITCHES, TOE STRUTS BACK, RIGHT COASTER STEP

- 17 Point right toe to right side
&18 Step right to center, point left toe to left
19 Step left to center and point right toe to right side.
& Step right to center and point left toe to left
20 Step left to center and point right toe to right
21&22& Step right toe back, drop heel to floor, step left toe back, drop heel to floor
23&24 Step right back, step left next to right, step forward right

HEEL STRUTS FORWARD, ROCK-TURN-STEP, SIDE SWITCHES, DOUBLE-TIME SIDE SWITCHES

- 25&26& Step left heel forward, slap left toe down, step right heel forward, slap right toe down
27&28 Rock forward on left, recover on ball of right making a half turn left, step forward left
29 Point right toe to right side
&30 Step right to center, point left toe to left
31 Step left to center and point right toe to right side.
& Step right to center and point left toe to left
32 Step left to center and point right toe to right

CROSS STRUT, SIDE STRUT, ROCK & STEP, CROSS STRUT, SIDE STRUT, ROCK & STEP

- 33&34& Step right toe across front of left, slap right heel down, step left toe to left, slap left heel down
35&36 Cross rock right in front of left, recover on left, step right to right
37&38& Step left toe across front of right, slap left heel down, step right toe to right, slap right heel down
39&40 Cross rock left in front of right (&) recover on right, step left to left

CROSS-UNWIND, CROSS-UNWIND, KICK-OUT-OUT, CROSS, UNCROSS

- 41-42 Cross right in front of left, unwind half turn left

43-44 Cross left in front of right, unwind half turn right
45&46 Kick right forward, step right to right, step left to left

The next 4 beats are made while traveling backwards

47-48 Jump slightly backwards crossing right in front of left, jump slightly backwards uncrossing feet to shoulder width

SYNCOPATED CROSS-UNCROSS-TOGETHER, RIGHT COASTER STEP, STEP-POINT, STEP-POINT

49 Jump slightly backwards crossing right in front of left
& Jump slightly backwards uncrossing feet to shoulder width
50 Jump slightly backwards bringing both feet together
51&52 Step back right, step left next to right, step forward right
53-54 Step left across in front of right, point right toe to right
55-56 Step right across in front of left, point left toe to left

CROSS-UNWIND, RIGHT KICK-BALL-TOUCH, LEFT SHUFFLE, STEP-HALF TURN, JUMP-OUT-IN-OUT-IN

57-58 Cross left in front of right, unwind half turn right.
59&60 Kick right forward, step right in place, touch left next to right
61&62 Step forward left, slide right next to left, step forward left
63-64 Step forward right, pivot half turn left
65& Jump in place both feet apart, jump in place both feet together
66& Jump in place both feet apart, jump in place both feet together

REPEAT

TAG

Danced once only, after completing second wall

HEEL & HEEL & HEEL & HEEL &

1& Touch right heel forward, (&) step right in place
2& Touch left heel forward, (&) step left in place
3& Touch right heel forward, (&) step right in place
4& Touch left heel forward, (&) step left in place

The music fades at ending of this track. As the music stops you will finish the dance on counts 41-44 (cross & unwinds)

Low impact option for steps: 47-50

BACK, BACK, LEFT SHUFFLE BACKWARDS

47-48 Step back left, step back right
49&50 Step left foot back, slide right to left, step left foot back

Low impact option for steps: 65-66

OUT-OUT, IN-IN

65& Step right to right, step left to left (shoulder width apart)
66& Step right to center, step left to center
