

Disco Volante

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Ingemar Kardeskog (SWE)
音乐: Disco Volante - Fredrik Kempe



POINT, CROSS TWICE, STEP TURN ½ LEFT, CHASSE

- 1-2 Point right to right side, cross right over left ("disco arm" (left) pointing up)
- 3-4 Point left to left side, cross left over right ("disco arm" (right) pointing up)
- 5-6 Step right forward, pivot ½ turn left onto left (6:00)
- 7&8 Step right to right side, close left beside right, step right to right side

SAILOR STEP, WEAVE LEFT, CROSS, SIDE, UNWIND ¾ RIGHT

- 1&2 Cross left behind right, step right to right side, step left to place
- 3&4 Cross right behind left, step left to left side, cross right over left
- &5 Step left to left side, cross right over left
- 6-8 Step left to left side, cross right behind left, unwind ¾ right keeping weight onto right (3:00)

ROCK, RECOVER, BACK LOCK BACK, TURN ¼ RIGHT SIDE STEP, HOLD, SIDE STEP, HOLD

- 1-2 Rock left forward, recover onto right
- 3&4 Step left back, lock right across left, step left back
- 5-6 Turn ¼ right stepping right to right side, hold (6:00)
- &7-8 Step left beside right, step right to right side, hold

BACK SHUFFLE, COASTER STEP, KICK BALL CROSS, RONDE ½ TURN LEFT, BACK

- 1&2 Step left back, close right beside left, step left back
- 3&4 Step right back, step left beside right, step right forward
- 5&6 Kick left forward, step left slightly back, cross left over right
- 7-8 Turn ½ left sweeping left behind right, step left behind right (12:00)

POINT & CROSS TWICE, TURN ¼ RIGHT STEP, STEP, FORWARD COASTER STEP

- 1-2 Point right to right side, cross right over left
- 3-4 Point left to left side, cross left over right
- 5-6 Turn ¼ right stepping right forward, step left forward (3:00)
- 7&8 Step right forward, step left beside right, step right back

FULL TURN, ¼ TURN ROCK & CROSS, ROCK & CROSS, STEP ¼ TURN LEFT, STEP

- 1-2 Turn ½ left stepping left forward, turn ½ left stepping right back
- 3&4 Turn ¼ left rocking left to left side, recover onto right, cross left over right
- 5&6 Rock right to right side, recover onto left, cross right over left
- 7-8 Turn ¼ left stepping left forward, step right forward (9:00)

PIVOT ½ TURN LEFT, HOLD, BACK LOCK ¼ TURN RIGHT, SAILOR STEP, STEP ½ TURN LEFT

- 1-2 Turn ½ left stepping left forward, hold
- 3&4 Step right back, cross left across right, turn ¼ right stepping right to right side
- 5&6 Cross left behind right, step right beside left, step left to place
- 7-8 Step right forward, turn ½ left onto left (12:00)

STEP OUT TWICE, CROSS SHUFFLE, ½ TURN, STEP, SIDE & FORWARD

- 1-2 Step right forward-out, step left forward-out
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Turn ½ left onto left, step right forward (6:00)

7&8

Rock left to left side, recover onto right, step left forward

REPEAT

TAG

Dance all 48 counts of the 4th wall, then hold for 3 counts and restart from the beginning
