

Disco Melody

拍数: 64 墙数: 4 级数: Intermediate
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音乐: I Love the Dj - Alcazar



- 1-4 Step right to right; step left behind right; side shuffle to right (right left right)
5-8 Step left forward; step right backward; triple step (left right left) turning ½ left
- 9-12 Sway to right; sway to left; sway to right; step left behind right
13-16 Step right forward; step left to left; sailor step (right left right)
- 17-20 Step left forward; step right backward; sailor step (left right left)
21-24 Sailor step (right left right) turning ¼ left; sailor step (left right left)
- 25-26 Step right forward turning ¼ left; step left to left
27&28 Cross shuffle (step right front of left; step left to left; step right front of left)
- 29-30 Step left forward turning ½ right; step right forward (i.e. Pivot ½ turn right)
31-32 Step left forward turning ¼ right; step right forward (i.e. Pivot ¼ turn right)
- 33-36 Step left forward; step right backward; shuffle backward (left right left)
37-40 Step right backward; step left forward; shuffle forward (right left right)
- 41-44 Step left to left; step right behind left; side shuffle to left (left right left)
45-48 Step right forward; step left backward; triple step (right left right) turning ½ right
- 49-52 Sway to left; sway to right ; sway to left; step right behind left
53-56 Step left front of right; side shuffle to right (right left right); step left behind right
- 57-60 Shuffle forward (right left right); step left forward; step right backward turning ¼ left
61 Step left to side
62&63 Step right front of left (62); step left backward turning ¼ right (&); step right forward (63)
64 Step left forward

REPEAT

RESTART

After the 3rd repetition you'll face 9:00. Dance the first 32 counts and end the 32nd count with a tap (i.e. Tap right toe beside left), (note: after dancing the first 32 counts you'll face back wall 6:00); then restart the dance

TAG

After the restart at the back wall (6:00) you'll end the 4th repetition facing 9:00. Dance this 4 count tag:

ROCKING CHAIR

- 1-4 Step right forward; step left backward; step right backward; step left forward