

# Dirty Dancing

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: (I've Had) The Time of My Life - Bill Medley & Jennifer Warnes



## MAMBO TWICE SWITCHES X4 MOVING FORWARD

1&2      Rock right to right side, rock on to left, step right next to left  
3&4      Repeat counts 1&2 on left  
5&6      Touch right heel forward, step right next to left, touch left heel forward  
&7&      Step left next to right, touch right heel forward, step right next to left  
8      Touch left heel forward

Counts 5-8 are moving forward

## AND ROCK ½ TURN SHUFFLE, ROCK ¼ TURN SHUFFLE

&1-2      Step left next to right, step forward on right, rock back on left  
3&4      Make ½ turn right, stepping right, left, right  
5-6      Step left to left side, rock on to right making a ¼ turn right  
7&8      Shuffle forward on left, right, left

## ROCK AND ROCK X 3 ½ TURN, CROSS SIDE, SAILOR ¼ TURN

1&2      Step forward on right, rock on to left, step right to right side  
&3      Rock on to left making a ¼ turn right, a ¼ right as you step right to right side  
&4      Rock on to left, step forward on right  
5-6      Step left over right, step right to right side  
7&8      Step left behind right, step right to right, step left to left making a ¼ turn left

## BUMP ¼ TURN, SAILOR ¼ TURN, ¾ PIVOT, STEP DRAG

1-2      Touch right toe forward as you bump right hip up, step weight onto right making a ¼ turn left  
3&4      Step left behind right, step right to right, step left to left making ¼ turn left  
5-6      Step forward on right, pivot ¾ turn left  
7-8      Take a large step to right, drag left to right

REPEAT