

Dipstick

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Judy McDonald (CAN)
音乐: Appropriate Dipstick - Natalie MacMaster



Count to 4 when the slow music stops, then count 6 heavy downbeats and start right after that. There are lots of "heel drops," which of course means you have to "lift" first, but for ease of writing this up, I'm just referring to the "drop" on each count

RIGHT TOE, RIGHT HEEL, LEFT HEEL, RIGHT CROSS, LEFT STEP, RIGHT CROSS, LEFT STEP, RIGHT CROSS

- 1& Touch right toe beside left turning knee in, touch right heel beside left
- 2& Left heel drop, step right across in front of left
- 3& Step left behind right, step right across in front of left
- 4& Step left behind right, step right across in front of left

You will be traveling slightly to the left

LEFT TOE TOUCH, LEFT STEP, RIGHT HEEL TOUCH, RIGHT STEP, LEFT TOE TOUCH, LEFT ¼ TURN STEP, RIGHT STEP, LEFT STEP

- 5& Touch left toe behind right, step left in place
- 6& Touch right heel forward, step right in place
- 7& Touch left toe behind right, step left in place making ¼ turn left
- 8& Step right beside left, step left beside right

REPEAT ABOVE 8 COUNTS FACING 9:00 WALL

- 1-8& Repeat the above 8 counts. You will end up facing the 6:00 wall at the end of this 8 counts, which is the back wall

RIGHT HEEL CROSS, LEFT HEEL DROP, RIGHT HEEL SIDE, LEFT HEEL DROP, RIGHT HEEL CROSS, LEFT HEEL DROP, RIGHT TOE CROSS, LEFT HEEL DROP

- 1& Touch right heel across in front of left, drop left heel
- 2& Touch right heel out to side, drop left heel
- 3& Touch right heel across in front of left, left heel drop
- 4& Bend right knee so toe is crossed over left foot, drop left heel

RIGHT STEP SIDE, LEFT HEEL TOUCH, LEFT STEP BEHIND RIGHT, RIGHT STEP SIDE, LEFT HEEL TOUCH, LEFT STEP BEHIND RIGHT, RIGHT SIDE STEP

- 5& Step right to side, touch left heel to side
- 6& Step left behind right, step right to side
- 7& Touch left heel to side, step left behind right
- 8 Step right to side

REVERSE ABOVE 8 COUNTS

- 1& Touch left heel across in front of right, drop right heel
- 2& Touch left heel out to side, drop right heel
- 3& Touch left heel across in front of right, right heel drop
- 4& Bend left knee so toe is crossed over right foot, drop right heel
- 5& Step left to side, touch right heel to side
- 6& Step right behind left, step left to side
- 7& Touch right heel to side, step right behind left
- 8 Step left to side

RIGHT HEEL SWIVEL, LEFT HEEL SWIVEL

- 1&2 Step right heel forward with toe pointed left, twist toe to point right, twist right toe forward while taking weight on right
- 3&4 Step left heel forward with toe pointed right, twist toe to point left, twist left toe forward while taking weight on left

RIGHT HEEL SWIVEL, LEFT SCUFF, RIGHT HEEL DROP, LEFT COASTER

- 5& Step right heel forward with toe pointed left, twist toe to point right
- 6& Twist right toe forward while taking weight on right, scuff left heel forward
- 7& Right heel drop, step left back
- 8& Step right beside left, step left forward

REPEAT ABOVE 8 COUNTS

- 1-8& Repeat above 8 counts

RIGHT ROCK, LEFT STEP, RIGHT STEP SIDE, LEFT ROCK, RIGHT STEP, LEFT STEP SIDE

- 1-2& Step right forward, step left in place, step right to side
- 3-4& Step left forward, step right in place, step left to side

RIGHT ROCK, LEFT STEP, RIGHT STEP SIDE, LEFT ROCK, RIGHT STEP, LEFT STEP SIDE, RIGHT ROCK, LEFT STEP

- 5& Step right forward, step left in place
- 6& Step right to side, step left forward
- 7& Step right in place, step left to side
- 8& Step right forward, step left in place

REPEAT ABOVE 8 COUNTS WITH NEW COUNT 8

- 1-7& Repeat counts 1-7& of above 8 counts
- 8 Touch right beside left

There is no "&" count after 8. Right foot is ready to start the dance again

REPEAT

ENDING

You will only dance this through five times before the music ends. It will end on the swivel step section (the second set). Just bring your feet together on count 8 and put your arms in the air for the "big finish!"
