

Dime A Dance Cha Cha

拍数: 36 墙数: 4 级数: Beginner
编舞者: "Rodeo" Ruth Lambden (UK)
音乐: Mary's Just a Plain Jane - Rick Trevino



TOE, HEEL, TRIPLE STEPS

1-2 Tap right toe in place. Tap right heel forward
3&4 Triple step backward (right, left, right)
5-6 Tap left toe in place. Tap left heel forward
7&8 Triple step backward (left, right, left)

HIP SWAYING FORWARD WALKS

9 With right foot take a right diagonal step forward with hip sway
10 Rock weight back onto left foot with backward hip sway
11 Rock weight forward onto right foot with forward hip sway
12 Touch left foot next to right
13 With left foot take a left diagonal step forward with hip sway
14 Rock weight back onto right foot with backward hips sway
15 Rock weight forward onto left foot with forward hips sway
16 Touch right foot next to left

17-24 Repeat steps 9-16

TURNING GRAPEVINE RIGHT, (FULL TURN IN FOUR STEPS)

25 Step right foot to right side
26 Spin $\frac{1}{2}$ turn to right landing left foot shoulder width apart
27 With weight on left foot spin another $\frac{1}{2}$ right. The right foot will swing behind and then land shoulder width apart
28 Touch the left foot next to the right

TURNING GRAPEVINE LEFT. (FULL TURN IN FOUR STEPS)

29-32 Repeat steps 25-28 to the left

SAILOR SHUFFLES, $\frac{1}{4}$ TURN LEFT

33 Cross right foot behind left
& Step left foot in place
34 Step right next to left
35 Cross right foot behind left making $\frac{1}{4}$ turn to left
& Step right foot in place
36 Step left foot next to right

REPEAT
