

Dime

拍数: 0 墙数: 4 级数: Advanced
编舞者: Sebastiaan Holtland (NL)
音乐: Dime - Bella Perez



Sequence: A, Break, B1, A, B2, A, Break after counts &7&8 of second section from part A, B1, A, C, Tag, B2, A, Break, 4 count end of music

PART A

SIDE STEP HOLD ROCK STEP SIDE SHUFFLES

- 1-2 Right foot step to the right side hold
- &3 Left foot rock to the left side right foot recover
- 4&5&6&7&8 Left foot side shuffles end left foot to the left foot side on count 8 weight on left

ROCK STEP ¼ TURN RIGHT STEP FORWARD SHUFFLE, ROCK STEP STEP BACK 2X WITH TAPS FORWARD

- 1-2 Right foot rock step step back left foot recover with a step forward on left foot
- 3&4 Right foot step forward left foot close right foot step forward
- 5-6 Left foot rock forward right foot recover
- &7&8 Left foot step back and right foot tap toe forward right foot step back and left foot tap toe forward

¼ TURN OUT OUT BODY MOVEMENTS SAILOR STEP, SAILOR WITH ¼ TURN

- &1-2 ¼ turn right foot & left foot jump out in second position with a pose with jazz hands
- &3&4& Move your body left in a circle like body rolls (note: it is not a body roll)
- 5&6 Right foot cross behind left foot left foot step to the side right foot step to the side weight on right foot
- 7&8 Left foot cross behind right foot right foot step to the side left foot step the side with ¼ turn right weight on left foot

WALK WALK ¼ TURN ROCK AND CROSS, SYNCOPATED WEAVE CROSS ½ TURN

- 1-2 Right foot step forward left foot step forward
- 3&4 Right foot step to right side with ¼ turn left left foot recover right foot across left foot
- &5&6&7-8 Left foot step to the side right foot cross behind left foot left foot step to the side right foot across left foot ½ turn left weight on both feet (facing 12:00)

After the first wall you get a break of 4 counts. after B2 section you begin your dance with part A on count &7&8 from the second section of 8 from part A you dance the same break from the first wall

This is the break on facing 12:00 after the first wall:

SIT FLEX POSE JAZZ HANDS CROSS FULL TWIST TURN

- &1-2 Together bend knees on heel in sit position hold with both hands on your both knees and flex your body down left/right hold come up in standing position out out make jazz hands side wards
- &3-4 Right foot across left foot in 6 position and make a full twist turn left weight on left foot ending facing 12:00

PART B1

SIDE STEP ¼ TURN SHUFFLE ½ PIVOT TURN SHUFFLE

- 1-2 Right foot step to the right side with ¼ turn left
- 3&4 Right foot step forward left foot close right foot step forward
- 5-6 Left foot step forward ½ right
- 7&8 Left foot step forward right foot close left foot step forward

WALK WALK SIDE MAMBO STEP 1 ¼ TRIPLE TURN

- 1-2 Right foot step forward left foot step forward
3&4 Right foot step to the right side left foot recover right foot step next to left foot
&5&6&7&8 On both feet make a 1 ¼ triple turn in place

SIDE ROCK CROSS WEAVE STEP CROSS ¾ TURN STEP BACK DRAG

- 1-2 Right foot step the right side left foot recover
3-4&5 Right foot across left foot left foot step to the left right foot step behind left foot left foot step to the left side
6&7-8 Right foot across left foot make on both feet a ¾ turn end weight on left foot right foot step back with drag on left foot

Weight on right foot

COASTER STEP WALK WALK MAMBO STEPS

- 1&2 Left foot step back right foot close left foot step forward
3-4 Right foot step forward left foot step forward weight on left foot
5&6 Right foot rock forward right foot step to the right side weight on right foot
7&8 Left foot rock forward left foot step to the left side weight on left foot

STEP ½ PIVOT TURN SHUFFLE MAMBO STEP ¼ TURN, 2X MAMBO STEP IN PLACE

- 1-2 Right foot step forward make ½ turn left weight on left foot
3&4 Right foot step forward left foot close right foot step forward
5&6 Left foot rock forward left foot step to left side with ¼ turn left
7&8 Right foot rock forward right foot step to the right side
9&10 Left foot rock forward left foot step to right side weight on left foot
&12-13 Right foot across left foot and make ¾ turn right weight on left foot end facing 9:00

Here on facing 9:00 begins your dance again with part A

PART B2

SIDE STEP ¼ TURN SHUFFLE ½ PIVOT TURN SHUFFLE

- 1-3 Right foot step to the right side with ¼ turn left
3&4 Right foot step forward left foot close right foot step forward
5-7 Left foot step forward ½ right
7&8 Left foot step forward right foot close left foot step forward

WALK WALK SIDE MAMBO STEP 1 ¼ TRIPLE TURN

- 1-3 Right foot step forward left foot step forward
3&4 Right foot step to the right side left foot recover right foot step next to left foot
&5&6&7&8 On both feet make a 1 ¼ triple turn in place

SIDE ROCK CROSS WEAVE STEP CROSS ¾ TURN STEP BACK DRAG

- 1-3 Right foot step the right side left foot recover
3-4&5 Right foot across left foot left foot step to the left right foot step behind left foot left foot step to the left side
6&7-8 Right foot across left foot make on both feet a ¾ turn end weight on left foot right foot step back with drag on left foot

Weight on right foot

COASTER STEP WALK WALK KICK ½ AND TOUCH KICK AND TOUCH

- 1&2 Left foot step back right foot close left foot step forward
3-4 Right foot step forward left foot step forward weight on left foot
5&6 Right foot kick forward with ½ turn left left foot touch forward weight on right foot
7&8 Left foot kick forward, right foot ball change, left foot touch next to right foot weight on left foot end facing 6:00

Note from here you start again with part A

PART C

WALK WALK ½ TURN TOUCH STEP ½ TURN QUICK QUICK STEPS BACKWARDS ¼ TURN ROCK AND CROSS FULL SWEEP TURN(DO IT QUICK)

- 1-2&3 Right foot step forward left foot step forward ½ turn left left foot touch forward
4&5-6&7 Left foot step forward right foot step back with ½ turn left foot step back right foot step ¼ backwards right foot across left foot and make a full sweep turn over de ground with your left leg weight on right foot

ROCK AND BEND RIGHT KNEE POINT LEFT FOOT SIDE FULL TURN RONDE TRIPLE ROCK FORWARD ½ TURN ROCK AND CROSS ¾ TURN WITH BODY MOVEMENT IN PLACE

- 8&1-2 Left foot rock diagonally behind right foot left foot point to the left side right knee bend on count 2 you make a full turn left with a ronde on left leg from back to front
3-4&5 Left foot step back on left right foot recover left foot recover and make ½ turn left weight on left foot
6&7&8& Right foot step to the right side left foot recover right foot across left foot hold make ¾ turn left move your body in a circle end with weight on left foot facing 12:00

End of part C after part C begins the tag from 28 count on facing 12:00

TAG

SIDE STEP CLOSE STEPS BACKWARDS WITH SHOULDER SHIMMY'S ROCK AND CROSS

- &1-2 Right foot step to right side left foot step next to right foot
&3&4&5&6 Right foot &left foot step slightly backwards with shoulder shimmy's
7&8 Right foot step to the right side left foot recover right foot across left foot weight on right foot

FULL TURN WITH SWEEP SAILOR STEP FULL HIP ROLL TOUCH

- 1-2 Make full turn left and sweep your left leg from back to the front over the ground
3&4 Left foot step behind right foot right foot step to the right side left foot step to left side weight on left foot
5-6-7-8 Roll your hip full from right to left in 3 counts on count 4 touch next left foot weight on left

SIDE STEP CLOSE STEPS BACKWARDS WITH SHOULDER SHIMMY'S, ROCK AND CROSS FULL TURN SIDE STEP TOUCH

- &1-2 Right foot step to right side left foot step next to right foot
&3&4&5&6 Right foot &left foot step slightly backwards with shoulder shimmy's
7&8 Right foot step to the right side left foot recover right foot across left foot weight on right foot
1-2-3-4 Make a full turn left left foot step to left side right foot touch next left foot weight on left foot facing 12:00

from this wall you start again with part B2 after this begins dance again with part on facing 9:00 after part A you get a break of counts again than is it end of music

This is the last break

ROCK RECOVER STEP BACK STEP OUT ¼ TURN STEP OUT

This break start on facing 9:00

- 1-2-3&4 Left foot rock forward right foot recover left foot step back right foot step out with ¼ turn left foot step out weight on left foot
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