

Digging My Own Grave

COPPER KNOB
STEPPERS

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Margaret Murphy (AUS)
音乐: Digging My Own Grave - Red Rivers



STOMP, TWIST HEELS, ROCK, ROCK

1 Stomp right forward
2-6 Twist heels right-left-right-left-right
7-8 Rock back on right, rock forward on left

SHUFFLE, STOMP, TWIST HEELS

1&2 Shuffle forward right-left-right
3 Stomp left forward
4-8 Twist heels left-right-left-right-left

ROCK, ROCK, SHUFFLE, PIVOT ½ LEFT, SHUFFLE

1-2 Rock back on left, rock forward on right
3&4 Shuffle forward left-right-left
5-6 Step forward right, pivot ½ turn left (weight on left)
7&8 Shuffle forward right-left-right

ROCK, ROCK, CROSS SHUFFLE, ROCK, ROCK, CROSS SHUFFLE

1-2 Rock left on left, rock on to right
3&4 Cross shuffle left-right-left
5-6 Rock right on right, rock on to left
7&8 Cross shuffle right-left-right

ROCK, ROCK, CROSS SHUFFLE, RIGHT - KICK BALL CHANGE TWICE

1-2 Rock left on left, rock on to right
3&4 Cross shuffle left-right-left
5&6 Kick right forward, step on ball of right, step on left
7&8 Kick right forward, step on ball of right, step on left

SHUFFLE, ROCK, ROCK, LEFT - KICK BALL CHANGE TWICE

1&2 Shuffle to right - (right-left-right)
3-4 Rock back on left, rock forward on right
5&6 Kick left forward, step on ball of left, step on right
7&8 Kick left forward, step on ball of left, step on right

SHUFFLE, ROCK, ROCK, PIVOT ½ LEFT, SHUFFLE

1&2 Shuffle to left - (left-right-left)
3-4 Rock back on right, rock forward on left
5-6 Step forward right, pivot ½ turn left (weight on left)
7&8 Shuffle forward right-left-right

PIVOT ½ RIGHT, SHUFFLE, LEFT - JAZZ BOX

1-2 Step forward left, pivot ½ turn right (weight on right)
3&4 Shuffle forward left-right-left
5-8 Step right over left, step left back, step right to right, step left next to right

VAUDEVILLE'S TWICE, LEFT - JAZZ BOX

1&2 Step right over left, step back on left, touch right heel forward 45 degrees
&3&4 Step right back, step left over right, step right back, touch left forward 45 degrees
&5-6 Step back on left, step right over left, step back on left
7-8 Step right to right, step left next to right

REPEAT
