

Dig It

拍数: 32 墙数: 4 级数: Beginner
编舞者: John Dembiec (USA)
音乐: I'm Diggin' It - Alecia Elliott



This dance took first place in the country choreography contest at the Orange Blossom Dance Festival in Orlando, Florida in June 2000.

ROCKS STEPS WITH ¼ TURN LEFT ON LAST ROCK STEP

1&2 Rock forward left, back on right, left next to right
3&4 Rock back right, forward on left, right next to left
5&6 Side rock left, replace back to right, left next to right
7&8 Side rock right, turn ¼ to left, step right next to left

TWO SHUFFLES, HITCHES TURNING ½ TO RIGHT

1&2 Shuffle forward left, right, left
3&4 Shuffle forward right, left, right
5& Left hitch, touch left to right turning 1/8 right
6& Left hitch, touch left to right turning 1/8 right
7& Left hitch, touch left to right turning 1/8 right
8& Left hitch, step left to right turning 1/8 right

KICK BALL CHANGE, ¼ TURN SIDE STEPS, HIP BUMPS

1&2 Kick forward with right, right back in place, step left in place
3-4 Step forward with right, turn ¼ to left
5-6 Step forward with right, turn ¼ to left
7-8 Hips bumps right, left

KICK BALL CHANGE, SIDE STEP, SLIDE AND TOUCH (TWICE)

1&2 Kick forward with right, right back in place, step left in place
3-4 Side step right, slide and touch left
5&6 Kick forward with left, left back in place, step right in place
7-8 Side step left, slide and step right

REPEAT
