Detrimental Velocity



拍数: 32 编数: 2 级数: Intermediate

编舞者: Iisakki Yrjänä Johannes 音乐: Maximo Park - Our Velocity



Intro of 8 seconds just as the heavier rock sound starts, 8 counts previous of lyrics

SIDE ROCK, BEHIND SIDE, ROCKING CHAIR/ STEP BALL TURN, TOE STRUTS

1&2&	Rock right to right side, recover on left, cross right behind left, step left to left
3&4&	Rock right forward, recover left in place, rock right back, recover left in place
5&6	Step right forward, make ½ turn right closing left foot, step right forward
7&8&	Touch left toe forward, drop left heel, touch right toe forward, drop right heel

SIDE MAMBO LEFT, HEEL GRIND 1/4 CROSS LEFT, SIDE ROCK, 2 STEP WEAVE, RIGHT LOCK STEP

1&2	Rock left to left, recover right, close left	
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3&4& Grind right heel from left to right taking weight on right heel, ¼ right stepping left back, step

right to right, cross left over right

Rock right to right, recover left, cross right behind left, step left to left and slightly forward Step right forward, lock left behind right, step right forward, touch left toes behind right heel

BACK HITCH, BACK LOCK STEP, & ROCK RECOVER, 1/4 HITCH, SAILOR TOGETHER BACK

1& 5	Step lef	t back.	hitch	riaht	knee up

2&3 Step right back, lock left over right, step right back

&4&5 Close left, rock forward right, recover left starting to make ¼ right, hitch right knee to right

side making the ¼ turn right (12:00)

Cross right behind left, step left to left sideStep right to right side, close left, step right back

ROCK BACK 1/2, & BACK TRIPLE, COASTER STEP, SAILOR STEP TOUCH

1&2 Rock back left, recover right, make ½ right stepping left back

&3&4 Close right, triple back left, right, left

5&6 Step right back, close left, step right forward

&7&8 Cross left behind right, step right to right side, step left to left side, touch right in place

REPEAT

RESTART

During wall 4 (starts facing 6:00 wall), dance 12 counts of the dance and restart the dance after the left side mambo (11&12) where you will now be facing the 12:00 wall. Restart the dance from count 1. Dance through 'til the end

On the first wall you may feel like you have gone out of phrasing after the first 8 counts but wall 2 comes back on fully phrased