

Destiny (You And Me)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Now And Forever - Anne Murray



ROCK, SHUFFLE BACK, BACK, BACK, COASTER STEP, FORWARD

1-2&3-4 Rock forward on left, shuffle back (right, left, right), step back on left
5-6&7-8 Step back on right, coaster step (left, right, left), step forward on right

CROSS, BACK-&-ROCK, RECOVER, ROCK, RECOVER-&-ROCK, RECOVER-&

1-2&3 Cross left over right, step back on right, take short step back on left, cross rock right over left
4-5 Recover weight back on left, cross rock right over left
6&7 Recover weight on back left, step right next to left, cross rock left over right
8& Recover weight back on right, step left next to right

FORWARD, SHUFFLE FORWARD, MAMBO FORWARD, MAMBO CROSS, SWAY

1-2&3 Step forward right, shuffle forward (left, right, left)
4&5 Rock forward on right, recover weight back on left, step back on right
6&7-8 Rock back on left, recover weight forward on right, cross left over right, sway right to right

SWAY, SHUFFLE SIDE RIGHT, ROCK, RECOVER, TURN ¼ LEFT, TURN ¼ LEFT, ROCK

1-2&3 Sway left to left, shuffle side right (right, left, right)
4-5 Cross rock left over right, recover weight back on right
6-7-8 Turn ¼ left and step forward on left, turn ¼ left and step right side right, cross rock left behind right

RECOVER, SHUFFLE SIDE LEFT, ROCK, RECOVER, SCISSOR STEP, FORWARD

1-2&3 Recover weight forward on right, shuffle side left (left, right, left)
4-5 Cross rock right behind left, recover weight forward on left
6&7-8 Step right to right forward diagonal, step left next to right, cross right over left, step left to left forward diagonal

CROSS, BACK-&-ROCK, RECOVER, ROCK, RECOVER-&-ROCK, RECOVER-&

1-2&3 Cross right over left, step back left on, take short step back on right, cross rock left over right
4-5 Recover weight back on right, cross rock left over right
6&7 Recover weight on right, step left next to right, cross rock right over left
8& Recover weight back on left, step right next to left

REPEAT

RESTART

During the fifth repetition (the third time facing the front wall), Complete the dance through count 44 (recover weight back on right) and start over

ENDING (OPTIONAL)

The last rotation starts on the front wall. Complete counts 1-24, then add

SWAY, SHUFFLE SIDE RIGHT, ROCK, RECOVER, TURN ¼ LEFT, TURN ¼ LEFT, TURN ½ LEFT, CROSS

1-2&3 Sway left to left, shuffle side right (right, left, right)
4-5 Cross rock left over right, recover weight back on right
6-7 Turn ¼ left and step forward on left, turn ¼ left and step right side right
8-1 Turn ½ left and step left side left, cross right over left

