

Don't Tell Me

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: High-Spirited Couple (DE)
音乐: Don't Tell Me - Madonna



16 counts after Madonna starts singing you begin to dance. (start at 0:19)

STEP, SLIDE, HITCH, SAILOR HEEL, HIP ROLL, HIP BUMPS

- 1&2 Step right forward, draw left to right, step left next to right and hitch right
3&4 Cross right behind left (1/8 turn right), step left slightly to left side, touch right heel forward slightly to right
5-6 (Turn to center) roll hip back to right side (weight right, 1/8 turn left)
7-8 (Turn to center) kick hip twice to left side (weight left)

HOCK, LIFT, FLICK, SCUFF, HITCH, HEEL JACKS

- 1&2 Cross right leg in front of left, step right next to left, cross left leg behind right
&3&4 Step left next to right, kick right back slightly to right, scuff right forward, hitch right
&5&6 Step right next to left, cross left in front of right, step right to right side, touch left heel forward slightly to left
&7&8 Step left next to right, cross right in front of left, step left to left side, touch right heel forward slightly to right

HEEL, HOLD, HEEL, SNAKE ROLL, KNEE HITCH, FULL TURN, STEP

- &1-2 Step right next to left, touch left heel forward slightly to left, hold
&3& Step left next to right, touch right heel forward slightly to right, step right next to left
4-5 Step left forward (1/8 turn right) with snake roll to left side
6 (Turn to center) put weight back on right, lift left knee and heel (toe on the ground)
7-8 Full turn right, step left forward

HEEL BALL STEP, HITCH, TWICE BODY ROLL BACK, TOUCH

- 1&2-3 Touch right heel forward, step right next to left, step left forward, hitch right
4-5 Step right back with body roll diagonal, touch left toe next to right
6-7-8 Step left back with body roll diagonal, touch right toe next to left, touch right toe back

TOE KICK HITCH, STEP, KICK, APPLE JACKS, ¼ TURN, HITCH

- 1&2 Touch right toe next to left and turn knee inside, kick right forward, hitch right
3&4& Step right forward, step left next to right, kick right forward, step right next to left slightly to right
5& (Weight right heel and left ball) turn toe apart, turn to center
6& (Weight left heel and right ball) turn toe apart, turn to center
7&8 (Weight right heel and left ball) turn toe apart, ¼ turn right step right back, hitch left

HEEL, HEEL & HITCH WITH ARM MOVE, STEP, TOUCH, FLICK & KICK WITH HOPS JUMP OUT

- 1& Touch left heel forward slightly to left, step left next to right
2 Touch right heel forward (1/8 turn right; look right put right hand at forehead)
3 (Turn to center) put weight back on right (circle arm right down to hip)
4 (1/8 Turn left) hitch left (circle arm up to left knee)
5-6 (Turn to center) step left forward, touch right next to left
7&8 Kick right back slightly to right (hop on left in place), kick right forward (hop on left in place), jump feet shoulder apart (weight left)

HEELS, CROSS, FULL TURN, OUT OUT, IN IN, HOPS, HEEL

- 1&2& Touch right heel forward slightly to right, step right next to left, touch left heel forward slightly to left, step left next to right
- 3-4 Cross right in front of left, full turn right (weight left)
- &5&6 Step right slightly to right, step left slightly to left (feet shoulder apart), step right to center, step left next to right
- 7&8 Hop twice to right side (feet together), hop to right side touch left heel forward (1/8 turn left)

TOUCH, HEEL, HOCK, APPLE JACKS, ¼ TURN HEEL, HEEL, ¼ TURN, TOUCH

- 1&2& Touch left toe back, touch left heel forward, cross left leg in front of right, step left slightly to right
- 3&4& (Weight left heel and right ball) turn toe apart, (weight right heel and left ball) turn toe inside, (weight left heel and right ball) turn toe apart, (weight right heel and left ball) turn toe inside
- 5&6& ¼ turn right touch right heel forward, step right forward, touch left heel forward, step left forward
- 7-8& ¼ turn left step right to right side, touch left behind right, step left next to right

REPEAT
