

Don't Stop The Dance (P)

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: Betty Robinson
音乐: Just What I Do - Trick Pony



Position: Start in side-by-side position; footwork is the same for both men and ladies; done in a circle

SHUFFLE FORWARD RIGHT & LEFT, JAZZ BOX, TOUCH LEFT

1&2 Step right forward, slide left up to right, step right forward
3&4 Step left forward, slide right up to left, step left forward
5-6-7-8 Cross right over left, step back left, step right to side, touch left beside right

SHUFFLE FORWARD LEFT & RIGHT, JAZZ BOX, TOUCH RIGHT

1&2 Step left forward, slide right up to left, step left forward
3&4 Step right forward, slide left up to right, step right forward
5-6-7-8 Cross left over right, step back right, step left to side, touch right beside left

CROSSOVER TOE STRUTS(MOVING TO THE LEFT), CROSS ROCK, RIGHT SIDE SHUFFLE

1-2-3-4 Cross right toe over left foot, put right heel down, step left toe to left, put left heel down
5-6 Cross rock right over left, recover to left
7&8 Step right foot to right side, slide left to meet right, step right foot to right side

CROSSOVER TOE STRUTS(MOVING TO THE RIGHT), CROSS ROCK, LEFT SIDE SHUFFLE

1-2-3-4 Cross left toe over right foot, put left heel down, step right toe to right, put right heel down
5-6 Cross rock left over right, recover to right
7&8 Step left to left side, slide right to meet left, step left to left side

ROCK FORWARD RIGHT, RECOVER LEFT, ROCK BACK RIGHT, RECOVER LEFT, STEP FORWARD RIGHT ½ PIVOT TURN LEFT(KEEP WEIGHT. ON RIGHT) HOOK LEFT ACROSS RIGHT LEG, SHUFFLE FORWARD LEFT, RIGHT, LEFT

1-2-3-4 Rock forward on right, recover weight to left, rock back on right, recover weight to left
5-6 Step forward right and swivel ½ turn to left (weight. On right.), hook left foot across right leg
7&8 Step left forward, slide right up to left, step left forward

Hand movements on the ½ pivot turn: man raises the right hand over the lady's head, releases left hands and turns left. Pick up left hand in front at lady's waist. Keep right hands connected at man's back

REPEAT THE ABOVE 8 COUNTS (FACING REVERSE LINE OF DANCE)

1-2-3-4 Rock forward on right, recover weight to left, rock back on right, recover weight to left
5-6 Step forward right and swivel ½ turn to left (weight. On right.), hook left foot across right leg
7&8 Step left forward, slide right up to left, step left forward

Hand movements on the ½ pivot turn: release right hand, raise left hand over lady's head for the turn left and pick up right hand on shoulder.

STEP FORWARD RIGHT ¼ TURN LEFT, HIP SWAYS RIGHT, LEFT, HIP BUMPS RIGHT, LEFT, RIGHT, LEFT(THIS WILL BE IN SHADOW POSITION WITH MAN IN FRONT)-BOTH FACING INSIDE THE CIRCLE, HOLDING HANDS DOWN BY SIDES)

1-2 Step forward right and turn ¼ turn left, transfer weight to right as bump(sway) hips to right (takes 2 counts)
3-4 Step left to left side as bump(sway) hips to the left (weight on left)(should take 2 counts)
5-6-7-8 Bump hips right, left, right, left (weight. On left)

Hand movement on the ¼ turn left: raise right hand over lady's head. Man will be facing away from lady (a ¼ turn left) and holding hands down by sides

RIGHT VINE, ¼ TURN RIGHT, LEFT KICK FORWARD, WALK BACK, TOUCH RIGHT (VINE WILL BE DONE MOVING TO THE RIGHT DOWN THE LINE OF DANCE, TURN ¼ RIGHT TO FACE LINE OF DANCE AGAIN)

1-2-3-4 Step right to right, cross & step left behind right, step right to right & make a ¼ turn right, kick left forward

5-6-7-8 Step back left, right, left, touch right beside left

REPEAT
