

# Don't Stop Movin

**COPPER KNOB**  
STEPSHEETS

拍数: 0                      墙数: 4                      级数: Intermediate/Advanced  
编舞者: Cameron Stuart (USA)  
音乐: Don't Stop Movin' - S Club 7



Sequence: AA, AB, CA, AB, CC, AB, B(1-32), CC

## PART A

### KICK BALL TOUCH, TOUCH, HEEL, STEP TURN (½ LEFT) TWICE

1&2                      Kick right foot, replace right foot beside left, touch left foot to left side  
&                              Replace left foot beside right foot  
3&4                      Touch right foot to right side, replace right foot beside left foot, place left heel out in-front  
&                              Replace left heel beside right foot  
5-6                      Step forward on left foot, pivot ½ turn left  
7-8                      Step forward on left, pivot ½ turn left

### KICK BALL TOUCH, TOUCH, HEEL, STEP TURN(½ RIGHT) TWICE

9&10                      Kick left foot, replace left foot beside right, touch right foot to right side  
&                              Replace right foot beside left foot  
11&12                      Touch left foot to left side, replace left foot beside right foot, place right heel out in-front  
&                              Replace right heel beside left foot  
13-14                      Step forward on right foot, pivot ½ turn right  
15-16                      Step forward on right, pivot ½ turn right

### SLIDE, HOLD, STEP RECOVER TWICE

17-18                      Slide right foot to right side, bring left foot to right  
19&20                      Hold for one beat, step back with left foot, recover onto right foot  
21-22                      With weight on right foot, slide left foot to right side, bring right foot to left  
23&24                      Hold for one beat, step back with right foot, recover onto left foot

### WALK X4, STEP TURN (½ LEFT), DOWN, UP

25-26                      With weight on left foot, step forward with right foot, step forward on left foot  
27-28                      Step forward on right foot, step forward on left foot  
29-30                      Step forward on right foot, pivot ½ turn right  
31-32                      Bend knees and go down, straighten knees and stand up

## PART B

### OUT, OUT, WIGGLE, JAZZ BOX

33-34                      Place left foot out to left side, place right foot to right side  
35-36                      Wiggle hips to the right, wiggle hips to the left  
37-38                      Bring left foot in-front of right, rock back on right foot  
39-40                      Recover on left foot and touch to left, bring right foot to left

### PADDLE FULL TURN (LEFT), STEP, FULL TURN (RIGHT)

41&42                      Step forward on right, make ¼ turn left, step forward on right  
&                              Make ¼ turn left  
43&44                      Step forward on right, make ¼ turn left, step forward on right  
&                              Make ¼ turn left  
45-46                      Step forward on right foot, step forward on left foot making ½ turn right  
47-48                      Bring right foot around making ½ turn right, bring body ¼ turn right stepping left foot next to right

### **OUT, OUT, WIGGLE, JAZZ BOX**

- 49-50 Place right foot out to left side, place left foot to right side  
51-52 Wiggle hips to the right, wiggle hips to the left  
53-54 Bring right foot in-front of left, rock back on left foot  
55-56 Recover on right foot and touch to right, bring left foot to right

### **CHASSE (RIGHT), ROCK, CHASSE (LEFT), ROCK, COASTER STEP**

- 57&58 Step right foot to right side, bring left foot up to right, step right foot to right side  
59-60 Rock back on left, recover on right  
61&62 Step left foot to left side, bring right foot up to left, step left foot to left side  
63&64 Rock back on right, step back on left, step forward on right

### **WALK, SHUFFLE (LEFT), STEP**

- 65-66 Step forward on left, step forward on right  
& Bring left foot up to right foot  
67-68 Step forward on right, step forward on left

### **PART C**

#### **LOCK STEP, SHUFFLE X3, STEP, LOCK STEP, SHUFFLE X3, STEP**

- 71-72 Step forward right with right foot, lock left foot behind right  
73&74 Step forward-right with right foot, bring left foot up to right, step forward-right on right foot  
75&76 Step forward-left on left foot, bring right foot up to left, step forward-left on left foot  
&77 Bring right foot up to left, step forward-left on left foot  
78-79 Step forward-right with right foot, lock left foot behind right  
80&81 Step forward-right with right foot, bring left foot up to right, step forward-right on right foot  
82&83 Step forward-left on left foot, bring right foot up to left, step forward-left on left foot  
&84 Bring right foot up to left, step forward-left on left foot
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