

# Don't Stop Movin'

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Colleen Archer (AUS)  
音乐: Don't Stop Movin' - S Club 7



- 1-2            Step left back, rock forward onto right  
&3-4          Step left beside right, step right forward, turn ½ turn left (weight to left)  
5&6            Shuffle sideways right (right-left-right)  
7-8            Step left behind right, rock replace forward onto right (6:00)
- 9              Step left sideways left & turn body to face left diagonal  
**Bend arms at elbows keeping arms at waist height and swing arms back**  
10             Slide/step right up beside left, chug  
**Swing arms forward, elbows still bent**  
11&12         Shuffle to left (left-right-left)  
13&14         Kick right to front, step right beside left, point/touch left sideways left  
15-16         Touch left over right, turn ½ turn right and take weight onto left (12:00)
- 17-20         Walk forward right-left-right, touch left heel forward and click fingers  
21-22         Step left sideways left, touch right beside left and clap  
23-24         Step right sideways right, touch left beside right and clap (12:00)
- 25-28         Moving left turn full turn left stepping left-right-left, touch right beside left  
29-30         Rock/step right sideways right, rock/replace weight onto left  
31&32         Turn ¼ turn right and shuffle forward (right-left-right) (3:00)
- &33            Step left sideways left, step right sideways right  
34             Hold and clap  
&35            Step left back to left diagonal, touch right heel forward to right diagonal  
36             Hold and click fingers (both hands)  
&37            Step right to center, step left to center  
&38            Step right back to right diagonal, touch left heel forward to left diagonal  
&39            Step left to center, step right to center  
&40            Step left back to left diagonal, touch right heel forward to right diagonal (3:00)
- 41&42         Shuffle back (right-left-right)  
43-44         Step left back, rock forward onto right  
45-46         Step left forward, turn ½ turn right taking weight onto right  
47-48         Moving forward turn full turn right stepping left-right (9:00)
- 49-50         Step left forward, turn ¼ turn right replace weight on right  
51&52         Cross shuffle to right stepping left-right-left  
53-54         Stomp right sideways right, hold  
55&56         Cross shuffle to right stepping left-right-left (12:00)
- 57&58         Step right back, step left beside right, step/cross right over left  
59             Turn ¼ turn right and step left back  
60             Turn ¼ turn right and step right sideways right  
61             Step left forward to left diagonal  
**Bend elbows keeping arms at waist height, swing arms back**  
62             Slide right forward to touch beside left, clap

**Swing arms forward, chug**

63 Step right forward to right diagonal

**Repeat arm movements as before**

64 Slide left forward to touch beside right, clap (6:00)

**Swing arms forward, chug**

**REPEAT**

**RESTART**

During third vanilla which begins facing front wall, dance the first 20 counts (touch left heel forward & click fingers) as before then start fourth vanilla facing front wall

**TAG**

**Track 1**

After fifth vanilla which finishes facing front wall, dance as before to count 64, then repeat counts 61 to 64.

Four chugs instead of two.

**Track 2**

After fifth, sixth and seventh vanillas, dance as before to count 64 then repeat counts 61 to 64. Four chugs instead of two.

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