

Don't Stop Movin'

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Mary Bland (UK)
音乐: Don't Stop Movin' - S Club 7



ROCK SYNCOPATED WEAVE, ROCK COASTER STEP

1-2 Rock right to right side, rock left in place
3&4 Cross right foot behind left, step left to left, cross right foot over left
5-6 Rock left foot forward, rock back on right foot
7&8 Step left foot back, step right beside left, step left foot forward

STOMP HOLD AND ROCKS TWICE

9-10 Stomp right foot forward, hold for 1 count
11&12 Rock left foot to left side, replace weight onto right foot, step left beside right
13-16 Repeat above

ROCK STEP, ½ TURN, ROCK STEP, COASTER STEP,

17-18 Rock forward on right foot, rock back on left
19&20 Triple step ½ turn right stepping right, left, right
21-22 Rock left foot forward, rock back on right foot
23&24 Step left foot back, step right beside left, step left foot forward

SIDE ROCK AND CROSS, RIGHT & LEFT, ROCK STEPS DIAGONALLY, LEFT & RIGHT

25&26 Rock right foot to the right side, replace weight onto left foot and cross right over left
27&28 Repeat 25 & 26 on left foot
29&30 Rock back on right foot, turning left diagonally, step in place with left foot, step right foot beside left
31&32 Repeat 29 & 30 on left foot

REPEAT
