

Don't Stop

拍数: 64 墙数: 4 级数: Improver
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音乐: Don't Stop - The Rolling Stones



Do claps on counts 49-56 in front and slightly over right shoulder

WALKS, KICK BALL CHANGE, CROSS ½ UNWIND, COASTER STEP

- 1-2-3&4 Step right foot forward, step left foot forward, kick right foot forward, step right foot next to left, step left foot in place
- 5-6-7&8 Cross right foot over left, unwind ½ over left shoulder, step left foot backward, step right foot next to left, step left foot slightly forward
- 9-16 Repeat counts 1-8

3 X MAMBO CROSS, ¼ TURN, TOUCH

- 1&2 Step right foot right, recover on to left, cross right foot over left
- 3&4 Step left foot left, recover on to right, cross left foot over right
- 5&6 Step right foot right, recover on to left, cross right foot over left
- 7-8 With ¼ turn over left shoulder step left foot left, touch right foot next to left

VINE, HEEL JACK & CROSS TWICE

- 1-2&3&4 Step right foot right, step left foot behind right, step right foot right, tap left heel diagonally forward, step left foot next to right, cross right foot over left
- 5-6&7&8 Step left foot left, step right foot behind left, step left foot left, tap right heel diagonally forward, step right foot next to left, cross left foot over right

MONTEREY, CLAP, MONTEREY, CLAP

- 1-4 Point right toe right, making ½ turn over right shoulder sweep right foot next to left, point left toe left, step left foot next to right & clap
- 5-8 Repeat counts 1-4

2 X JAZZ BOX

- 1-4 Cross right foot over left, step left foot backward, step right foot right, step left foot next to right
- 5-8 Repeat counts 1-4

½ TURN, CLAP, ½ TURN, CLAP, ½ TURN, CLAP, ½ TURN, CLAP

- 1-4 With ½ turn over left shoulder step right foot forward, clap, with ½ turn over left shoulder step left foot backward, clap
- 5-8 With ½ turn over left shoulder step right foot forward, clap, with ½ turn over left shoulder step left foot backward, clap

ROCK STEP, LOCK STEP, ROCK STEP, LOCK STEP

- 1-2-3&4 Rock right foot forward, recover on to left, step right foot backward, lock left foot in front of right, step right foot backward
- 5-6-7&8 Rock left foot backward, recover on to right, step left foot forward, lock right foot behind left, step left foot forward

REPEAT