

# Don't Stop

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Laura Davidson  
音乐: Don't Stop Movin' - S Club 7



- 1-2      Walk forward stepping left, right  
3      Step back on left foot  
4      Touch right foot beside left  
5&6      Shuffle back stepping right-left-right  
7-8      Rock weight back on to left then forward onto right
- 9-10      Complete a full turn moving forward stepping left, right  
&11      Touch left toe to right instep, replace weight on to left  
&12      Touch right heel forward, replace weight on to left  
&13      Repeat counts &11  
&14      Repeat counts &12  
15      Step left foot forward  
16      Pivot  $\frac{1}{4}$  turn right (weight remains on right)
- 17      Step left foot forward making  $\frac{1}{4}$  turn left  
18      Step right foot forward to complete  $\frac{1}{2}$  turn left  
19&20      Left coaster step (left back, right back, left forward)  
21&22      Shuffle  $\frac{1}{2}$  turn left stepping right-left-right  
23-24      Rock weight back on to left, rock weight forward on to right
- 25&26      Shuffle  $\frac{1}{4}$  turn left, stepping left-right-left  
27      Stomp right foot beside left (weight remains on left)  
28      Kick right foot forward  
29&30      Right coaster step (right back, left back right forward)  
31-32      Step left foot forward, pivot  $\frac{1}{2}$  turn right  
33-34      Walk forward stepping left-right  
35&36      Left shuffle forward stepping left-right-left  
37-38      Walk forward stepping right-left  
39&40      Right shuffle forward stepping right-left-right
- 41-42      Step left foot forward, pivot  $\frac{1}{2}$  turn right  
43&44      Left shuffle forward stepping left-right-left  
45&46      Stomp right, left, right in place  
47-48      Walk forward stepping left-right

## REPEAT

### Option

- 47-48      Complete a full turn right stepping left-right