

# Don't Stop

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Cindi Talbot (CAN)  
音乐: Don't Stop - No Authority



## 4-STEP SHUFFLE, STEP SLIDE

1&2&3-4      Moving right, step right-left-right-left (1&2&). Take big step right. Bring left foot in beside right  
5&6&7-8      Moving left, step left-right-left-right. Take big step left. Bring right foot in beside left

## RUNNING MAN

9&              Step right, hitch left knee while sliding back on right  
10&             Step left, hitch right knee while sliding back on left  
11&             Step right, hitch left knee while sliding back on right  
12&             Step left, hitch right knee while sliding back on left

## SLOW ROCKS FORWARD&BACK

13-14          Step forward right, in place on left, using hips  
15-16          Step back on right, in place on left, using hips

## QUICK ROCKS, CLAPS

17&             Step forward right, in place left  
18&             Step back right, in place left  
19&20          Step forward right, clap 2 times

## ¼ TURN LEFT. OUT, OUT, IN

21-22          With left, take big step, making 1\4 turn left. Touch right toe beside left  
23&24          Step out to right, step out to left, step right next to left, putting weight on right

## 3 QUICK ROCKS, HIP ROLL

25&26          Step left across right, step right in place, step left beside right  
27&28          Step right across left, step left in place, step right beside left  
29&30          Step left across right, step right in place, step left beside right  
31-32          Roll hips

## REPEAT

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