

# Don't Ruin It!

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Teresa Lawrence (UK) & Vera Fisher (UK)  
音乐: Don't Ruin It for the Rest of Us - Joe Nichols



On the word "don't", start to count "6-7-8" & you will start the dance on the word "Rest" with the Kick-Ball-Change

## KICK BALL CROSS, TWICE CHASSE ¼ TURN RIGHT, CROSS LEFT OVER RIGHT, UNWIND ¾ TURN RIGHT

1&2      Right kick ball cross  
3&4      Right kick ball cross  
5&6      Chasse ¼ turn right  
7-8      Cross left over right, unwind ¾ turn right, weight to end on right (12:00)

## KICK BALL CROSS, TWICE CHASSE ¼ TURN LEFT, CROSS RIGHT OVER LEFT, UNWIND ¾ TURN RIGHT

1&2      Left kick ball cross  
3&4      Left kick ball cross  
5&6      Chasse ¼ turn left  
7-8      Cross right over left, unwind ¾ turn left weight to end on left (12:00)

## ROCK FORWARD REPLACE, ROCK BACK REPLACE, PIVOT ½ TURN, SHUFFLE FORWARD

1-2      Rock forward on right, replace weight on left  
3-4      Rock back on right, replace weight on left  
5-6      Step forward right, pivot ½ left (6:00)  
7&8      Shuffle forward right

## ROCK FORWARD REPLACE, ROCK BACK REPLACE, PIVOT ¼ TURN RIGHT, CROSS SHUFFLE

1-2      Rock forward on left, replace weight on right  
3-4      Rock back on left, replace weight on right  
5-6      Step forward on left, pivot ¼ turn right (9:00)  
7-8      Cross shuffle left over right

## STEP HOLD, BALL SIDE HOLD, LEFT SAILOR, RIGHT SAILOR

1-2      Step right to right side, hold  
&3-4      Step left next to right, step right to right side, hold on count 4  
5&6      Sailor left  
7&8      Sailor right

## HALF TURN LEFT, TOE HEEL STRUTS

1-2      Cross left behind right, unwind ½ turn left weight to end on left (3:00)  
3-4      Toe heel strut right  
5-6      Toe heel strut left  
7-8      Toe heel strut right (note: struts to travel forward)

## ROCK REPLACE & COASTER STEP, PIVOT ½ TURN AND SHUFFLE

1-2      Rock forward left, replace weight on right  
3&4      Left coaster  
5-6      Step forward on right, pivot ½ left (9:00)  
7&8      Shuffle forward right, left, right

**KICK BALL STEP, KICK BALL STEP, STEP FORWARD LEFT AND HOLD FOR 3 COUNTS**

1&2 Kick left forward, step left next to right, step forward right

3&4 Kick left forward, step left next to right, step forward right

5-6-7-8 Step forward left, hold for 3 counts, & shout "6-7-8" or click fingers for 3 counts

**REPEAT**

**When the tempo changes, keep going through at the end wall to face the front**

---