

# Don't Need Your Pity!

**COPPER** KNOB  
BY STEPHEN HETS

拍数: 48      墙数: 2      级数: Advanced  
编舞者: Mark Hood (UK) & Douglas Semple (UK)  
音乐: Without You - Tina Turner



## &HEEL, & STEP, SWIVEL ¼ TURN RIGHT

&            Step back left  
1            Touch right heel forward  
&            Step right in place  
2            Step left forward  
3            Swivel both heels left  
&            Swivel both heels right  
4            Swivel both heels left with ¼ turn right

## WALK, ROCK & TOGETHER, ROCK WITH HIPS

5            Step forward right  
6            Step forward left  
7            Rock right diagonal forward (front right side) bump hips right  
&            Step left in place bump hips left  
8            Rock right diagonal back (back right side) bump hips right  
&            Step left in place bump hips left

## STEP BODY ROLL

9            Step forward right  
10-12        Body roll forward weight ending forward

## STEP, STEP SIDE, KNEE POPS

13           Step left forward  
14           Step right to the right  
15           Pop right knee in  
&            Step right in place pop left knee in  
16           Step left in place pop right knee in

## KICK-BALL TOUCH, CROSS UNWIND ¾

17           Kick right forward  
&            Step right in place  
18           Touch left to the left  
19           Cross left over right  
20           Unwind ¾ right

## COASTER STEP PULL-HITCH STEPS

21           Step back right  
&            Step left beside right  
22           Step forward right  
&            Pull right in hitching left  
23           Step forward left  
&            Pull left in hitching right  
24           Step forward right

## SHOULDERS PUSHES, SHOULDERS PUSHES TURN ¼

25           Push shoulders forward

- 26 Push shoulder back
- 27 Push shoulders forward starting  $\frac{1}{4}$  turn to the left
- & Push shoulder back
- 28 Push shoulders forward ending turn left

#### **STEP, SIDE, & HITCH, CHASSE RIGHT**

- 29 Step forward right
- 30 Step left to the left
- & Hitch right
- 31 Large step right to the right
- & Step left beside right
- 32 Step right to the right

#### **ROCK WITH BODY MOVEMENTS $\frac{1}{8}$ , STEP $\frac{1}{8}$ , SHUFFLE**

- 33 Rock back left moving arm to the side and head back turning  $\frac{1}{8}$  to the left
- 34 Rock right in place turning  $\frac{1}{8}$  left
- 35 Step forward left
- & Step right beside left
- 36 Step left forward

#### **STEP, HIP ROLL, HIP BUMPS**

- 37 Step right to the right rolling hips right
- & Roll hips left
- 38 Roll hips right
- 39 Bump hips left
- & Bump hips right
- 40 Bump hips left

#### **HEEL SWITCHES STEP HOLD**

- 41 Touch right heel forward
- & Step right in place
- 42 Touch left heel forward
- & Step left in place
- 43 Step right to the right
- 44 Hold

#### **ARM MOVEMENTS, ARM HEAD MOVEMENT**

- 45-46 Cross arm right over left, circle arms so left is over right
- 47 Drop arms and head arm still crossed
- 48 Throw back head and arms up to there side

#### **REPEAT**

---