

Don't Make Me Dance

拍数: 64 墙数: 4 级数:
编舞者: Mark Simpkin (AUS)
音乐: Don't Make Me Dance - Michael Carr



CROSS KICK BALL CHANGE, CROSS SHUFFLE, ¼ FORWARD, ¾ TURN, SIDE

1&2 Kick right across left, step ball of right to right side, replace weight to left
3&4 Step right across left, step left to left side, step right across left (cross shuffle)
5-6 Turn ¼ turn left & step left forward, step right forward
7-8 Pivot ¾ turn left ending on left, step right to right side

SLOW COASTER STEP, ½ PIVOT, SIDE ¼ PIVOT, TOE STRUT

1-4 Step left back, step right beside left, step left forward, pivot ½ turn right ending on right foot
5-8 Step/rock left to left side, pivot ¼ turn right, step ball of left to left side, drop left heel

SLOW SAILOR, BEHIND ¼ TURN, STEP FORWARD, ½ PIVOT, STEP FORWARD

1-4 Step right behind left, step left to left side, step right to right side, step left behind right
5-8 Turn ¼ turn right & step right forward, step left forward, pivot ½ turn right ending on right, step left forward

ROCK SIDE REPLACE, CROSS, HOLD, SIDE, CROSS, SIDE, REPLACE

1-4 Step/rock right to right side, replace weight to left, step right across left, hold
5-8 Step left to left side, step right across left, step/rock left to left side, replace weight to right

The following 32 counts are mirror image of the previous 32 counts

CROSS KICK BALL CHANGE, CROSS SHUFFLE, ¼ FORWARD, ¾ TURN, SIDE

1&2 Kick left across right, step ball of left to left side, replace weight to right
3&4 Step left across right, step right to right side, step left across right (cross shuffle)
5-6 Turn ¼ turn right & step right forward, step left forward
7-8 Pivot ¾ turn right ending on right, step left to left side

SLOW COASTER STEP, ½ PIVOT, SIDE ¼ PIVOT, TOE STRUT

1-4 Step right back, step left beside right, step right forward, pivot ½ turn left ending on left foot
5-8 Step/rock right to right side, pivot ¼ turn left, step ball of right to right side, drop right heel

SLOW SAILOR, BEHIND ¼ TURN, STEP FORWARD, ½ PIVOT, STEP FORWARD

1-4 Step left behind right, step right to right side, step left to left side, step right behind left
5-8 Turn ¼ turn left & step left forward, step right forward, pivot ½ turn left ending on left, step right forward

ROCK SIDE REPLACE, CROSS, HOLD, SIDE, CROSS, SIDE, REPLACE

1-4 Step/rock left to left side, replace weight to right, step left across right, hold
5-8 Step right to right side, step left across right, step/rock right to right side, replace weight to left

REPEAT

RESTART

On the 2nd wall, dance up to count 44 (pivot turn) and start from the beginning facing front wall
On the 4th wall, dance up to count 60 (hold) and start from the beginning facing front wall