Don't Make Me Beg

墙数:4

级数:

编舞者: Buffalo Girls

拍数: 0

音乐: Don't Make Me Beg - Steve Holy

Sequence: AAB, AAB, AA, A (counts 1-32), BBB

PART A

CHARLESTON, TOE STRUTS, ROCK-SIDE-CROSS

- 1-4 Step forward right, hold, kick left forward (looking up diagonally), hold
- 5-8 Step back on left (look straight ahead), hold, touch right toe behind (grab the side brim of hat with both hands & look down), hold
- 9-12 (Remove head from hat keeping hat stationary & look forward) step right toe forward, bring heel down, step left toe forward, bring heel down (hat starts out from body but you strut into it until it is held with both hands against your chest)
- 13-16 Rock to side on right, recover to left, cross right over left, hold (during these 4 beats swing hat, with both hands still on side brim, out to the right in the start of an circle to the left 1, up 2 to the left to complete the circle 3, back against chest 4)

ROCK-SIDE-CROSS, UNWIND, ROCK, SCUFF, GALLOP-APART, SWIVEL

- 17-20 Rock to side on left, recover to right, cross left over right, hold (repeat last 4 beats hat work to left in a circle to the right)
- 21-24 Unwind ½ to the right (grabbing front crown of hat with right hand) hold (place left hand on buckle) jump back on right, recover to left
- 25&26 Scuff right next to left, raise right knee up parallel to floor, step right shoulder width apart
- &27-28 Raise left knee up to level, step left shoulder width apart, hold positioning weight to center
- 29-32 Swivel heels right-left-right-left end facing diagonally right (during these 4 beats hold hat in front of right side of body parallel to floor with crown up & swing by twisting wrist up right 1 up left 2, up right 3, up left 4)

DIAGONAL LOCKS, DIAGONAL SWIVEL HOLDS, SWIVEL WALK

- 33-34 Moving forward diagonally right step forward right (lower head & raise hat), lock left behind right (place hat on head)
- 35-36 Step right forward (secure hat on head), turn ¼ left scuffing left forward (raise head & place right hand on buckle)
- 37-38 Step left forward, lock right behind left
- 39-40 Step left forward, turn ¼ right scuffing right forward
- 41-44 Step right forward placing right hand on right thigh, hold, swiveling right heel ¼ right & step forward on left placing left hand on left thigh, hold
- 45-46 Swiveling left heel ¼ left step forward right, swiveling right heel ¼, right step forward left
- 47-48 Swiveling left heel ¼ left step forward right, swiveling right heel ¼, right step left together bringing both hands back to buckle on 8 (drop chin to chest on 8)

SWIVEL SIDE, TOE-KNEE, ½ MONTEREY, TOE-KNEE, STOMP, HOLD

- 49-52 Swivel heels left, toes left, heels left, hold
- 53-56 Swivel heels right, toes right, heels right & look up, hold
- 57-58 Touch right toe to side, raise right knee up & across left
- 59&60 Touch right toe to side, on ball of left pivot ½ to the right, step right next to left
- 61-62 Touch left toe to side, raise left knee up & across right
- 63-64 Turning ¹/₄ to the left on ball of right stomp forward left, hold

PART B

BACK-DRAGS, ROCK, VINE, ROCK





- 1-4 Step back diagonally right on right (extending left hand out diagonally left), drag left heel to right for 3 beats (drag left hand to heart for 3 beats)
- 5-8 Repeat last 4 beats for the left
- 9-10 Rock right to side (clicking right hand at shoulder height & putting left on buckle), recover to left (place right hand on buckle)
- 11-12 Step right behind left, step left to side
- 13-14 Step right over left, rock left to side (look left)
- 15-16 Recover to right (look front), step left behind right

VINE, ROCK, STOMP-CLAPS, DOUBLE PIVOT

- 17-20 Step right to side, step left over right, rock right to side, recover to left
- 21-24 Stomp forward right bending knees, clap, step left together straightening knees, clap
- 25-28 Repeat last 4 beats
- 29-32 Step forward right, pivot ½ to the left, step forward right, pivot ½ to the left