

Don't Look Back

COPPER KNOB
BY STEPHEN

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Carol Patterson (UK) & Kumari Tugnait (UK)
音乐: Don't Look Back - Lucie Silvas



Sequence: AABCC, ABCC, AB, C to end

PART A

SKATES FORWARD, RIGHT SHUFFLE FORWARD, LEFT ROCK RECOVER, LEFT COASTER

1-2 Slide forward on right, slide forward on left
3&4 Step forward on right, close step left next to right, step forward on right
5-6 Rock forward on left, recover back on right
7&8 Step back on left, step right beside left, step forward on left

Option: can be replaced with full triple turn left

RIGHT ROCK FORWARD RECOVER, ¼ SIDE SHUFFLE RIGHT, LEFT SIDE ROCK RECOVER, RIGHT SIDE ROCK RECOVER

1-2 Rock forward on right, recover back on left
3&4 Step right to side making a ¼ turn right, close step left next to right, step right to right side
5-6& Step left to left side, rock right behind left, recover on left
7-8& Step right to right side, rock left behind right, recover on right

SIDE STEP LEFT, TOUCH BACK UNWIND FULL TURN RIGHT, LEFT SIDE SHUFFLE, ROCK BACK RIGHT RECOVER LEFT, ROCK BACK LEFT RECOVER RIGHT

1-2& Step left foot to left side, touch right foot behind left and unwind full turn right (weight ends right)
3&4 Step left to left side, close step right beside left, step left to left side
5&6 Rock right behind left, recover on left, step right to right side
7&8 Rock left behind right, recover on right, step left to left side

Counts 1-2 can be replaced by side step left, step right foot behind left

SKATES FORWARD, RIGHT SHUFFLE FORWARD, LEFT ROCK RECOVER, ¾ TRIPLE TURN LEFT

1-2 Slide forward on right, slide forward on left
3&4 Step forward on right, close step left next to right, step forward on right
5-6 Rock forward on left, recover back on right
7&8 Make ¼ turn left stepping left to left side, make ¼ turn left stepping right beside left, make ¼ turn left stepping forward on left

PART B

SYNCOPATED CROSS ROCK STEPS, CROSS BACK, TRIPLE ½ TURN RIGHT

1&2 Cross rock right over left, recover on left, step right to right side
3&4 Cross rock left over right, recover on right, step left to left side
5-6 Cross step right over left, step back on left
7&8 Make ¼ turn right stepping right to right side, step left next to right, make ¼ turn right stepping forward on right

SYNCOPATED CROSS ROCK STEPS, CROSS BACK, TRIPLE ½ TURN LEFT

1&2 Cross rock left over right, recover on right, step left to left side
3&4 Cross rock right over left, recover on left, step right to right side
5-6 Cross step left over right, step back on right
7&8 Make ¼ turn left stepping left to left side, step right next to left, make ¼ turn left stepping forward on left

PART C

RIGHT KICK BALL STEP, HIP BUMPS, LEFT SHUFFLE FORWARD, RIGHT FORWARD MAMBO

- 1&2 Kick right forward, step right in place, step forward on left (weight forward on left foot)
- 3&4 Bump hips right, left, right (finish on last bump looking back over right shoulder)
- 5&6 Step forward on left, close step right next to left, step forward on left
- 7&8 Rock forward on right, recover back on left, step back on right

WALK BACK LEFT RIGHT, LEFT COASTER, RIGHT ROCK RECOVER, ½ TURN RIGHT STEPPING RIGHT LEFT

- 1-2 Step back left, step back right (can be replaced with full turn back over left shoulder)
- 3&4 Step back on left, step right beside left, step forward on left
- 5-6 Rock forward on right, recover back on left
- 7-8 Make ½ turn right stepping back on right, step forward left

ENDING

Finish the dance after the first 4 counts of part C, looking back over right shoulder
