

Don't Feel Like Dancing

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Pat Stott (UK)
音乐: I Don't Feel Like Dancin' - Scissor Sisters



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TOUCH RIGHT TOE DIAGONALLY FORWARD, TOUCH BEHIND, TOUCH RIGHT TOE DIAGONALLY FORWARD, TOUCH BEHIND, ROLLING VINE RIGHT, HOLD AND DOUBLE CLAP

Body turned slightly to the right diagonal

1 Touch right toe forward

Lean slightly back, swinging arms right

2 Touch right toe back

Straighten up, swinging arms left

3-4 Repeat steps 1-2

5-6 Turn ¼ right and step right forward, turn ¼ right and step left to side

7&8 Turn ½ right and step right to side, clap, clap

TOUCH OVER, TOUCH TO SIDE, TOUCH OVER, TOUCH TO SIDE, ROLLING TURN 1 ¼ LEFT, BALL STEP

Body slightly facing right diagonal

1 Touch left toe forward

Lean slightly back, swinging arms OVER body to left side

2 Touch left to side

Straighten up, swinging arms OVER body to right side

3-4 Repeat steps 1-2

5-6 Turn ¼ left and step left forward, turn ½ left and step right back

7&8 Turn ½ left and step left forward, step right together, step left forward

FORWARD, SIDE, ROCK, FORWARD, SIDE, ROCK, JAZZ BOX WITH TURN ¼ RIGHT, CROSS

Dance with bounce; samba style

1&2 Step right forward, rock left to side, recover to right

3&4 Step left forward, rock right to side, recover to left

5-6 Cross right over left, step left back

7-8 Turn ¼ right and step right to side, cross left over right

HIP BUMPS TRANSFERRING WEIGHT FROM LEFT TO RIGHT, SYNCOPATED JAZZ BOX

1&2&3&4 Touch right to side and bump hips right, left, right, left, right, left, right

Over the 4 beats slowly transfer weight from left to right finishing on right on beat 4

5-6 Cross left over right, step right back

&7-8 Step left to side, cross right over left, step left to side

HITCH, STEP, SLIDE, HITCH, STEP, SLIDE, 3 HEEL SWITCHES, HOLD, CLAP CLAP

1&2 Hitch right knee, step right to side, slide/step left together

3&4 Repeat steps 1&2

5&6& Touch right heel forward, step right together, touch left heel forward, step left together

7&8& Touch right heel forward, clap, clap, step left together

HITCH, STEP, SLIDE, HITCH, STEP, SLIDE, TURNING SWITCHES, HOOK STEP

1&2 Hitch left knee, step left to side, slide/step right together

3&4 Repeat steps 1&2

5&6& Touch left heel forward, step left together, touch right heel forward, step right together

7&8 Turn ¼ left and touch left heel forward, hook left over right, step left forward

½ PIVOT LEFT, SHUFFLE FORWARD, TURN 1 ½ RIGHT, TOUCH

1-2 Step right forward, turn ½ left (weight to left)

3&4 Shuffle forward right, left, right

5-6 Turn ½ right and step left back, turn ½ right and step right forward

7-8 Turn ½ right and step left back, touch right together

HEEL JACK, STEP, TOUCH, HEEL JACK, STEP, TOUCH, STEP, CROSS, STEP, CROSS, HOLD AND SNAP TWICE

&1 Step right back, touch left heel forward

&2 Drop left toe, touch right together

&3 Step right back, touch left heel forward

&4 Drop left toe, touch right together

&5 Step right together, cross left over right

&6 Step right together, cross left over right

7-8 Click, click

Fingers twice at shoulder height

REPEAT

RESTART

At the end of wall 2 (facing 6:00) dance the first 32 counts then restart

TAG

At the end of wall 5 (facing 9:00) snap fingers 4 times taking arms over head to the left

ENDING

At the end of the music, over turn the rolling vine to face the front and clap twice. If you have the extended version then the dance finishes on the turning heel switches
