

Don't Do That

拍数: 40 墙数: 4 级数: Intermediate
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音乐: Whatever You Do! Don't! - Shania Twain



KICK BALL CHANGE, KICK, KICK, KNEE ROLL IN, ROLL OUT WITH QUARTER TURN

- 1&2 Kick right foot forward, step ball of right foot next to left, step left next to right
3-4 Kick right foot 45 degree angle to the left, kick right foot 45 degree angle right
&5&6 Step right next to left, touch left toe out to right, step left next to right, touch right toe out to right
7-8 Roll right knee in, roll right knee out turning ¼ right

TOE-HEEL, TOE-HEEL, RIGHT HEEL, LEFT HEEL, RIGHT TOE TO SIDE, LEFT TOE TO SIDE

- 1-2 Touch right toe forward, drop heel to floor and snap right fingers
3-4 Step left toe forward, drop left heel to floor snapping left fingers
5&6 Touch right heel forward, step right next to left, touch left heel forward
&7&8 Step left next to right, touch right toe to right, step right next to left, touch left toe left

KNEE ROLL IN-OUT, CHASSE LEFT, HOLD, CROSS-UNWIND, KICK-STEP- SLIDE

- 1-2 Roll left knee in, roll left knee out putting weight on left foot
3&4 Slide right foot next to left, touch left toe to left, hold
5-6 Cross left foot over right, unwind ½ to the right
7&8 Kick right foot forward, step right foot back, slide left foot back to right

CROSS STEP, STEP, BALL-CROSS-TOUCH, CROSS STEP, STEP, BALL-CROSS. TOUCH

- 1-2 Step crossing left over right, step right foot right
3&4 Step on ball of left foot, crossing right over left, touch left toe to left side
5-6 Step crossing left over right, step right foot right
7&8 Step on ball of left foot, crossing right over left, touch left toe to left side

TURNING SAILOR SHUFFLE, KICK & TOUCH, KICK & STEP, SYNCOPATED SWITCH, TURN ¼ LEFT

- 1&2 Swing left foot around behind right while turning ¼ left and step, step right to right side, step left next to right
3&4 Kick right foot forward, step right next to left, touch left toe out to left
5&6 Kick left foot forward in front of right, step left foot in front of right foot, step on ball of right foot right behind left foot (weight evenly distributed on both feet)
&7-8 Step to the left slightly with left foot, step right foot in front of left foot, turn ¼ to the left to face new wall

REPEAT