

Don't Do It!

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Andy Dixon
音乐: Whatever You Do! Don't! - Shania Twain



STEP KICK STEP, SHUFFLE ½ TURN, ROCK STEP, SHUFFLE ½ TURN

&1 Step back left, kick right forward
2 Step right in place
3&4 Triple step-left, right, left making ½ turn right
5-6 Rock back onto right, rock forward onto left
7&8 Triple step-right, left, right making ½ turn left

MAMBO STEPS

9&10 Rock left to left, recover weight on right, step left beside right
11&12 Rock right to right, recover weight to left, step right beside left
13&14 Rock forward on left, rock back onto right, step left beside right
15&16 Rock back on right, rock forward on left, step right beside left

STEP HOLD, SYNCOPATED STEPS WITH TOUCH, WALKS AND SYNCOPATED CROSS

17-18 Step left forward, hold & clap
&19-20 Step right beside left, step forward left, touch right beside left
21-23 Walk back-right, left, right
&24 Step left beside right, cross right over left

SYNCOPATED CROSS AND STEP, PIVOT ½ TURN, TOE TOUCHES, CROSS UNWIND ¾ TURN

& Step left to left side
25-26 Cross right behind left, hold
&27 Step left to left side, step forward right
28 Pivot ½ turn left
29-30 Touch right toe forward, touch right toe to right
31-32 Cross right behind left, unwind ¾ turn right (weight on right)

REPEAT
