# Don't Count Me Out



编舞者: Cato Larsen (NOR)

音乐: Don't Count Me Out Yet - Travis Tritt



Sequence: AB, AB, TAG, A, TAG 2, B, AA

#### PART A

TOE SWITCHES, HEEL SWIVEL, COASTER STEP, CHUG 1/4 TURN TWICE		
1&2	Point right toe to right, step right next to left, point left toe to left	
&3	Step left next to right, touch ball of right forward	
&4	Swivel heels to right, swivel heels back to center	
5&6	Step back on right, step left next to right, step forward on right	
7	Make ¼ turn right pointing left toe to left side	
8	Make ¼ turn right pointing left toe to left side	

### JAZZ STEPS, CHUG 1/2 TURN TWICE, WEAVE LEFT, TAP, KICK, CROSS

JAZZ STEPS, CHUG /2 TURN TWICE, WEAVE LEFT, TAP, RICK, CRUSS		
1&2	Step left across right, step back on right, step left to the left side	
3	Make a ½ turn left pointing right toe to right side	
4	Make a ½ turn left pointing right toe to right side	
5&6	Cross right behind left, step left to left side, step right across left	
7	Tap left to next to right (swiveling heel on right foot to the right)	
&	Kick left to left diagonal (swiveling heel on right foot to the left)	
8	Step left across right	

## ROCK & CROSS, 1/4 TURN, 1/2 TURN, STEP FORWARD, ROCK & STEP BACK, 1/2 TURN, 1/4 TURN

1&2	Rock right to right, recover on left, step right across left
&	Pivot ¼ turn right stepping back on left
3-4	Pivot ½ turn right stepping forward on right, step forward on left
5&6	Rock forward on right, recover on left, step back on right
7	Pivot ½ turn left stepping forward on left
8	Pivot ¼ turn left stepping right to right side

# COASTER STEP, MAMBO STEP, OUT-OUT, TORSO PUSHES SIDE TO SIDE, BALL STEP

1&2	Step back on left, step right next to left, step forward on left
3&4	Rock forward on right, recover weight on left, step right next to left
&5	Step left foot out to left side, step right foot out to right side
6-7	Isolate upper body (torso) and push torso to the left, then to the right
&8	Rock back on ball of left foot, step forward on right

### **PART B**

# HEEL BOUNCES 1/4 TURN, AND ROCK, AND TOGETHER, SIDE, TRAVELING APPLEJACKS, JUMP RIGHT

RIGHT	
&1	Make a ¼ turn left as you bounce your heels into the floor twice
&2	Rock back on ball of left foot, step forward on right
&3	Recover weight on left, step right next to left.
4	Step left to left side
5	On heel on left and ball on right; move left toe and right heel to the left
&	On ball of left and heel on right; move left heel and right toe to the left
6	On heel on left and ball on right; move left toe and right heel to the left
7&8	With feet together; jump 3 small jumps to the right

## HITCH BALL TOUCH, AND STEP, PIVOT ½ TURN, HITCH BALL TOUCH, AND STEP, PIVOT ¼ TURN

1&-2& Hitch right knee, step right next to left, touch ball of left forward, step left next to right

3-4 Step forward on right, pivot ½ turn left

4&-6& Hitch right knee, step right next to left, touch ball of left forward, step left next to right

7-8 Step forward on right, pivot ¼ turn left

### ROCK FORWARD & BACK, POINT, KNEE POP, FULL TURN RIGHT, ROCK & OUT

&1	Rock forward on right, recover weight on left
&2	Rock back on right, recover weight on left

3 Touch right to right side

&4 Pop right knee in towards left knee, pop right knee out

Make a ¼ turn right stepping forward on right
 Make a ½ turn right stepping back on left
 Make a ¼ turn right stepping right to right side

7&8 Rock forward on left, recover weight on right, step left to left side

#### **WASHING MACHINE**

1	Push unner had	(torsa)	to the left side	heginning a circle	movement anti to the right. (3:00)
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2 Bend you knees as your body goes down (6:00)

Push upper body to the right as you raise you legs (9:00)

Straighten up, raise body to an upstanding position (12:00)

Scuff right forward beside left foot, hitch right knee, step right to right side

7&8 Rock forward on left, recover weight on right, step back on left (3. Position behind right)

#### TAG

# Danced once at the end of two complete walls. The music changes it's tonal character TAP-HITCH-STEP, TAP-HITCH-STEP, WALK FORWARD WITH ATTITUDE, SLIDE RIGHT

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3&4	Tap left toe in front, hitch left knee, step forward on left
1&2	Tap right toe in front, hitch right knee, step forward on right

5-6 Step forward on right, step forward on left

7-8 Step right long step to the right. Slide left towards right

## **REPEAT OPPOSITE FOOT & SIDE**

1&2	Tap left toe in front, hitch left knee, step forward on left
3&4	Tap right toe in front, hitch right knee, step forward on right

5-6 Step forward on left, step forward on right

7-8 Step left long step to the left, slide right towards left

#### TAG 2

#### MAMBO STEP LEFT, MAMBO STEP & TOUCH RIGHT

1&2	Step left to left side, rock back onto right, step left next to right
3&4	Step right to right, rock back onto left, touch right next to left