

Don't Cha

拍数: 128 墙数: 4 级数: Intermediate
编舞者: Leanne Leis (AUS) & Gai Roworth
音乐: Don't Cha (Radio Edit) - The Pussycat Dolls



SIDE SHUFFLE RIGHT, ROCK/ REPLACE, SIDE SHUFFLE LEFT, ROCK/ REPLACE

- 1&2-3-4 Step right to right, step left together, step right to right, rock back left behind right, rock/replace right
- 5&6-7-8 Step left to left, step right together, step left to left, rock back right behind left, rock/replace left

RIGHT KICKBALL CHANGE, TWISTS, LEFT KICKBALL CHANGE, TWISTS

- 1&2-3-4 Right kick forward, step right beside left, step left beside right (and slightly forward), twist heels left, right
- 5&6-7-8 Left kick forward, step left beside right, step right beside left (and slightly forward), twist heels right, left

TOE STRUTS AND TWISTS

- 1-2-3-4 Touch right toe to side, step right heel down, cross left toe over right, step left heel down
- 5-6-7&8 Touch right toe to side, step right heel down, twist heels right, left, right (weight on right)

- 1-2-3-4 Touch left toe to side, step left heel down, cross right toe over left, step right heel down
- 5-6-7&8 Touch left toe to side, step left heel down, twist heels left, right, left (weight on left)

Optional styling - body pops, on toe struts

RIGHT ROCK AND CROSS, SIDE ¼ TURN, LEFT SHUFFLE BACK, RIGHT COASTER STEP

- 1&2-3&4 Step right to right side, rock/replace left, cross right over left, step left to left, ¼ turn left, replace right
- 5&6-7&8 Step back on left, step right together, step back on left, step back on right, step left together, step forward on right

SAMBAS TWICE, ¼ TURN, ½ TURN

- 1&2-3&4 Cross left over right, step right to right, rock/replace left, cross right over left, step left to left, rock/replace right
- 5-6-7-8 Step left forward, ¼ pivot right, step left forward, ½ pivot right (weight on right)

LEFT KICKBALL CHANGE, ¼ TURN STEP AND DRAG, 1 & ¼ TURN RIGHT, LEFT, RIGHT, STEP ¼ TURN RIGHT

- 1&2-3-4 Left kick forward, step left beside right, step right beside left, step left forward, ¼ pivot right, drag right to left (facing 9:00)
- 5&6-7-8 Turn ¼ right, step forward right, turn ½ right, step back left, turn ½ right, step forward right, step forward left, ¼ turn right, (weight right and facing 3:00)

LEFT SAILOR, ROCK FORWARD ½ TURN, PIVOT, LEFT TRIPLE STEP FULL TURN FORWARD

- 1&2-3&4 Cross left behind right, step right to side, rock/replace left, step forward right, rock back left, pivot ½ right stepping forward right
- 5-6-7&8 Step left forward, pivot ½ right, turning via left shoulder, full turn forward stepping left, right, left (facing 3:00)

CROSS STEPS, SIDE TOUCHES

- 1-2-3-4 Step right across left, touch left to left, step left across right, touch right to right
- 5-6-7-8 Step right across left, touch left to left, step left across right, touch right to right

Optional styling - bend slightly forward with hands clasped behind back and turning head to look at side

touches

2 X ½ PIVOT LEFT, ROCK STEP RIGHT FORWARD, REPLACE, 1 & ½ TRIPLE RIGHT STEP FULL TURN

1-2-3-4 Step forward right, pivot ½ left, step forward right, pivot ½ left

5-6-7&8 Rock/step forward right, rock/replace left, turn ½ right, step forward right, turn ½ right, step back left turn ½ right, step forward right

LEFT ROCKING CHAIR, STEP ½ PIVOT RIGHT, ½ TURN RIGHT TRIPLE STEP

1-2-3-4 Rock/step left forward, rock/replace, rock/step left back, rock/replace, (weight on right)

5-6-7&8 Step forward left, pivot ½ right (taking weight on right), turn ½ right stepping left, right, left

STEP RIGHT TO RIGHT SIDE, TWISTS

1-2-3&4 Step right to right as you twist heels to right, twist heels left, twist heels right, left, right

5-6-7&8 Twist heels to left, twist heels right, twist heels left, right, left - weight on left

DO THAT LAST 32 AGAIN

1-32 Repeat the last 32 counts, from the cross steps

REPEAT

RESTART

On wall 3, restart after count 64, skipping the last 64 counts
