

Don't Blow Your Top

拍数: 96 墙数: 2 级数: Intermediate
编舞者: Ron Kill (UK)
音乐: Straighten Up and Fly Right - Neal McCoy



SIDE SHUFFLE, CROSS SHUFFLE, SCISSORS; TWICE

1&2 Step right to side, step left together, step right to side
3&4 Cross left over right, step right to side, cross left over right
5-8 Step right to side, step left together, cross right over left, hold

9&10 Step left to side, step right together, step left to side
11&12 Cross right over left, step left to side, cross left over right
13-16 Step left to side, step right together, cross left over right, hold

BRUSH SAILOR STEP; TWICE

17 Swing right diagonally forward and brush it backwards next to left
18 Continue to move right through to step on ball of right foot behind left
19-20 Rock left to side, step on right in place

21 Swing left diagonally forward and brush it back next to right
22 Continue to move left through to step on ball of left foot behind right
23-24 Rock right to side, step on left in place

ROCK STEP, ½ TRIPLE TURN RIGHT, ROCK STEP, CLOSE

25-26 Rock right forward, recover onto left
27&28 Triple step with ½ turn right stepping right, left, right
29-32 Rock left forward, recover onto right, step left together, hold

SIDE BEHIND, FULL TURN TO SIDE; THREE TIMES

33-34 Step right to side with slightly bent knees and arms diagonally out to sides, hold
35-36 Step left behind right and straighten up on toes, crossing arms across body, hold
37 Step right to side ¼ turn right with arms out at shoulder level
38 Swivel ½ turn right on ball of right foot and step left back, keeping arms out
39-40 Swivel ¼ turn right on ball of left foot and step right to side, keeping arms out, hold

41-42 Step left to side with slightly bent knees and arms diagonally out to sides, hold
43-44 Step right behind left and straighten up on toes, crossing arms across body, hold
45 Step left to side ¼ turn left with arms out at shoulder level
46 Swivel ½ turn left on ball of left foot and step right back, keeping arms out
47-48 Swivel ¼ turn left on ball of right foot and step left to side, keeping arms out, hold

49-56 Repeat counts 33-40

CROSS STRUT, BACK, SIDE, SCISSORS

57-58 Cross left toe over right, snap heel to floor
59-60 Step right back, step left to side
61-64 Step right to side, step left together, cross right over left; hold

SIDE BEHIND, FULL TURN TO SIDE; THREE TIMES

65-80 Repeat counts 41-56
81-88 Repeat counts 41-48

CROSS STRUT, BACK, SIDE, SCISSORS

89-90 Cross right toe over left, snap heel to floor

91-92 Step left back, step right to side

93-96 Step left to side, step right together, cross left over right, hold

REPEAT

TAG

After dancing the above sequence twice, dance beats 1-32, then start again from beat 1.
