

Don't Be Sad

拍数: 32 墙数: 2 级数: Improver
编舞者: Audrey Watson (SCO)
音乐: Don't Be Sad - Dwight Yoakam



½ TURN BOX STEP, CROSS BACK, CHASSE RIGHT

1-2 Step forward on right, step forward on left. (shoulder width apart)
3-4 Turn ¼ right stepping right to right/side, step ¼ right, stepping left to left/side
5-6 Cross right over left, step back on left
7&8 Step right to right/side, step left next right, step right to right/side

ROCKING CHAIR, HEEL & CROSS, CHASSE LEFT

1-2 Rock forward on left, rock back on right
3-4 Rock back on left, rock forward on right
5&6 Touch left heel forward, step left next right, cross right over left
7&8 Step left to left side, step right next, step left to left side

KICK BALL STEP, STOMP, HOLD & DOUBLE CLAP, TWICE

1-2 Kick right forward, step down on right, step forward on left
3&4 Stomp forward on right hold for a beat clapping hands twice
5-6 Kick left forward, step down on left, step forward on right
7&8 Stomp forward on left, hold for a beat clapping hands twice

FORWARD ROCK, ½ TURN SHUFFLE, ½ TURN SHUFFLE, KICK BALL STEP

1-2 Rock forward on right, rock back on left
3&4 Shuffle ½ turn right stepping right, left, right
5&6 Shuffle ½ turn right stepping left, right, left
7&8 Kick right foot forward, step right next left, step forward on left

REPEAT
